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- AUTHOR UNKNOWN

Congratulations to all those who found Miti hidden on page 15 in the Palace Cinema Advert.
The winner picked out of the hat was Danielle Morgan.

She returns this issue - can you find her? She is hidden somewhere
To enter and win £25 please send in your answer to the usual addresses:

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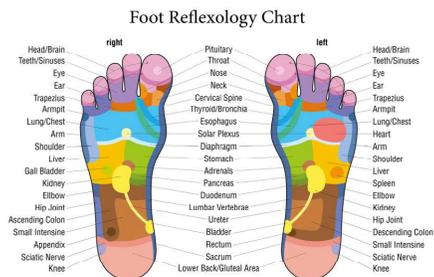
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Advertising Feature

Reflexology @ The Foot Room

Reflexology is a non-intrusive complementary health therapy, based on the theory that different points on the feet, lower leg, hands, face or ears correspond with different areas of the body.



Reflexologists work holistically with their clients and aim to work alongside traditional healthcare to promote better health for their clients by helping the body to restore its balance naturally. They do not claim to cure, diagnose or prescribe. It is a very individual treatment which is tailored to you as a whole person. Some people find it works for them - some don't. The best way to find out is to try it!

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During the treatment the therapist uses their hands to apply pressure to the feet. There may be areas of transient discomfort during the treatment, but generally the experience should be relaxing. From this feedback the reflexologist can assess the response of your body to treatment. This in turn helps the reflexologist to tailor a treatment plan specific to your needs. A course of treatments may be recommended.

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Fact of the Day

Did you know that Stewardesses is the longest word typed with only the left hand.

A Brief History Of ... Mothers Day

Everyone has a mother, so it isn't surprising that throughout the world there are ways of honoring and celebrating mothers. Mother's Day is a time to think about the legacies – personal and societal – mothers and grandmothers pass on.

Historically, mothers have had a key role in building and maintaining connections across generations. Even today, they are most often the "kinkeepers" in families and take the lead in passing down family stories, life lessons, and traditions. Honoring this role of mothers is part of the story behind Mother's Day – but not all of it.

Many people may believe Mother's Day was developed as a commercial holiday by Hallmark or some other company to sell cards, candy, and flowers. Or, they may believe it's a day solely to celebrate the domestic role of women in the home and family. Neither of these perceptions is accurate. Our consumerist market may have fueled the commercialism around the holiday, and the role of mothers in families is indeed important, but Mother's Day is not only about honoring a woman's devotion to her own family. The history of the day has its roots in honoring the broader networks, social ties, and political concerns of women. The day is about women's commitment to the past, present, and future at both the personal and political levels. It honors women who have acted not only on behalf of their own children but also on behalf of an entire future generation.

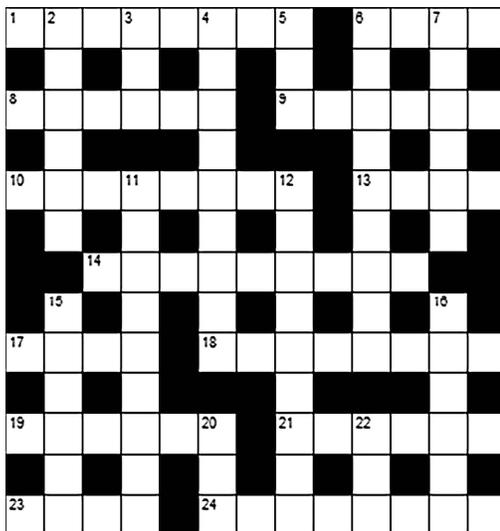
Mother's Day isn't a new holiday. The earliest Mother's Day celebrations can be traced back to the spring celebrations of ancient Greece in honor of Rhea, the mother of the gods. People would make offerings of honey-cakes, fine drinks, and flowers at dawn.



The Romans also had a mother of all gods, Magna Mater, or Great Mother. A temple was built in Rome for her. In March of each year, there was a celebration in her honor called the Festival of Hilaria. Gifts were brought to the temple to please the powerful mother-goddess.

During the 1600s, England celebrated "Mothering Sunday" on the fourth Sunday of Lent (the 40 days leading up to Easter) as a way to honor the mothers of England. Many of England's poor lived and worked as servants for the wealthy, far away from their homes and families. On Mothering Sunday, servants were given the day off to return home and spend the day with their mothers. A special cake, called the "mothering cake," was often baked to add to the festivities.

Crossword



Across

- 1 Judged the value of (8)
- 6 Exclusive, only (4)
- 8 Possible danger (6)
- 9 Clarify, explain (6)
- 10 Shock _____, car part (8)
- 13 Delight, joy (4)
- 14 Paddle-wheel driven river vessel (9)
- 17 100th of a Euro (4)
- 18 Awful, terrible (8)
- 19 Recreational gambling (6)
- 21 Deep purple-blue (6)
- 23 Dowels, pins (4)
- 24 Hotchpotch (8)

Down

- 2 Threadbare (6)
- 3 Period of time (3)
- 4 Decorative cupboard or bureau (9)
- 5 Faulty (3)
- 6 Protect, shelter (9)
- 7 Joined, connected (6)
- 11 Surpasses, exceeds (9)
- 12 Burglaries (9)
- 15 Anaesthetise (6)
- 16 Yeast, mushroom, mildew (6)
- 20 Sticky substance, rosin (3)
- 22 Dike, barrier (3)

	9			3		5		6
	4	6	1	9				8
		8	2	4		1	9	
5					4			1
6							8	
8	3				2			
					3	4	5	
				8				3
2	6		4	5				

Sudoku

How To Play Sudoku

Fill in the grid so that each row, column and 3 x 3 box contains the number 1 through to 9 with no repetition.



Fuzzy Photo!

We have made some 'minor' alterations to an image of a famous person, place or object.

Can you work out who, where or what the original images was?

Lateral Thinking



Five men were travelling along a lane. It began to rain. Four of the men quickened their step and got wet. The fifth man did not quicken his step but remained quite dry. He did not have an umbrella or hat. How can this be?

Mind Benders

Find the three hidden phrases

Blonde

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Feature



Spring is upon us and your grass is ready to wake up and get growing! Here are some expert tips from Greensleeves Lawn Care on how to ensure your lawn gets the best at the start of the season, setting it up for summer.

Aeration is the perfect treatment for the beginning of the growing season. It removes small plugs of soil from the ground, allowing nutrients, water and air to reach the roots of your grass. It also prevents soil from becoming compact, helping to absorb and retain water in preparation for potential dry weather in summer. It's the perfect way to give your grass a kick-start this spring.

As well as aeration, Spring is a great time for overseeding. Seeds are ready to grow, so overseeding helps your grass to recover from winter, filling in patches and increasing the thickness of your lawn. It rejuvenates patches that have developed over winter and prepares for summer; thick grass is much better protected against scorching from hot sunshine.

If moss has built up on your lawn over winter, a moss control and scarification treatment will remove the discolouration and help your grass to grow during spring – without being weighed down by thatch. It's a great time to scarify your lawn; because your grass is active at this time of year, it can quickly recover.

Greensleeves offer many lawn care services, including our specialist spring treatment. Get in touch to speak to an expert or to arrange an appointment!



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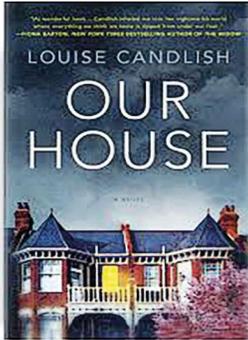


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Book Review

A Good Read



Our House by Louise Candlish

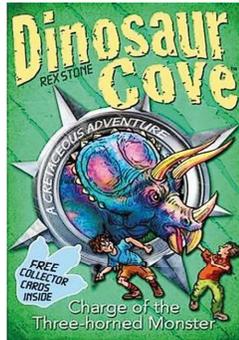
For all of us our homes are the one place

we feel safe. It is one of our human rights that no one can enter our home without due cause. For those of us who own our homes then they are also a financial investment and an investment for our children once we are gone. So, what if you came home one day to find a removal van outside your home. And someone else was moving in.

This is what happens to Fi Lawson, one sunny winter day in January. There are no signs of her two young sons and her husband, Bram, just a family of strangers insisting that they £1.6 million house in a leafy suburb of London is now theirs.

And so Fi's life quickly unravels. This dual narrative novel tells the events leading up to that day from the point of view of both Fi and Bram, switching between their two accounts. At times this can lead to confusion as you forget that you know information from Bram that Fi doesn't, but it is not a big issue.

Has Bram cheated Fi out of her home and disappeared from the face of the earth? If he has why? This fast-paced thriller will



have you guessing until the end, with twists and revelations throughout and asks if we ever really know what the closest people in our lives are going through?

Dinosaur Cove: Charge of the Three-horned Monster by Rex Stone

Despite being extinct for 65 million years, dinosaurs still have the power to enthral young children and this series of books is sure to be popular with young readers who are building up the confidence to read alone.

Jamie has recently moved to the south coast of England with his dad and into an old lighthouse with his grandad. Jamie's dad has plans to turn the ground floor of the lighthouse into a Dinosaur Museum as the local area, known as Dinosaur Cove, is rich in Jurassic and Cretaceous fossils. However, what Jamie doesn't expect to find is a hidden entrance to Dinosaur Island where there are real living dinosaurs.

In this adventure Jamie and his new friend Tom discover what looks like houses on Dinosaur Island. Knowing people weren't around at the same time as dinosaurs the boys decide to check them out with the help of Wanna, a friendly wannaosaurus. What will they find and how will they get through the huge pack of triceratops!

A great read full of facts about dinosaurs means that the reader will learn without even realising!

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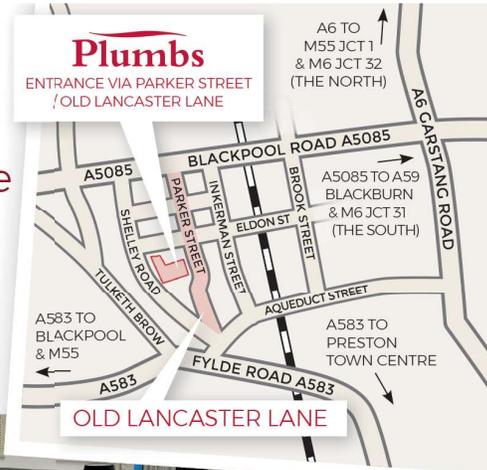
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Garden View

This month – Hardy Annuals

Hardy annuals: the name is an oxymoron. Hardy plants are supposed to be able to survive the winter aren't they, but annuals, by their definition, don't.

In fact, the names hardy, half-hardy and tender, when applied to annuals, refer to the relative cold tolerance of the newly planted seeds.

Hardy annual seeds can handle being frozen in the soil so are ideal for planting outside, either in the autumn or now.

Productive, adaptable and cheap, they are the ideal credit-crunch plants. They are also easy-to-grow, so are brilliant for beginner gardeners.

For best results sow them as thinly as possible, cover lightly with sifted soil then firm it down. Protect them from cats and birds with netting until the seedlings are well established then thin them out to the distance recommended on the packet.

Good flowers for the annual-novice include poppy, calendula, larkspur, fried-egg plants (*limnanthes*), love-in-the-mist, clarkia and cornflowers.

If I could grow only one it would be *Nigella damascena* (love-in-the-mist). It's an old cottage-garden plant and 'Miss Jekyll' is a beautiful, soft, pure blue variety with the added bonus of stripy seed pods once the flowers have faded.

The king of the hardy annuals though has to be the sunflower. Children particularly love to grow them. Sow them singly in small pots or directly into the earth. If you sow them directly, plant two seeds into each hole and thin to one once they are established. They may need to be staked as they grow. There are some terrific varieties. A favourite of mine is Prado Red, which as the name suggests, produces deep red flowers. If you pinch them out, they'll grow to five feet and



produce numerous blooms on each plant.

If sunflowers are the kings of the hardy annuals, then sweet peas are surely the fragrant queens. Old-fashioned or antique varieties tend to be best for scent though their flowers are slightly smaller. The great thing about sweet peas is that you have to pick them to prolong flowering so you have a wonderful excuse to have a fragrant home all summer long. Sweet peas should be planted a little deeper than other annuals. They are very thirsty flowers. My granddad used to line his sweet pea trenches with lots of wet newspaper. He won prizes for his blooms, so he obviously knew a thing or two about it.

Next time you're at the garden centre... walk right on by the showy (and expensive) potted plants and head for the seed section. For a very small outlay you can add colour, shape, interest and completely transform your plot ...and if you don't like it, you can always change it again next year.

Happy gardening!

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WWW.SHOWCHOIR.CO.UK

Recipe Idea

Spinach and Ricotta Lasagne

A creamy vegetarian version of this supper classic

Serves 6-8

Preparation time 45minutes

Cooking time 30 minutes

Ingredients

Pack lasagne sheets
125g Mozzarella, sliced
30g Parmesan

For the tomato sauce

Olive oil
1 Onion, finely chopped
2 Garlic cloves, crushed
150ml Red wine
2 x 400g Tins chopped tomatoes
1 tsp Sugar
2 tbsp Worcester sauce
2 tbsp Tomato purée
Bunch fresh basil, chopped

For the creamy spinach and ricotta sauce

375g Spinach
Knob of butter
500g Ricotta
250g Mascarpone
4 medium free-range egg yolks
Grated zest 1 lemon
Pinch freshly grated nutmeg
40g Parmesan, grated

Method

Preheat the oven to 200 °C/180 °C fan/ gas 6. Heat the oil in a medium pan, then fry the onion for 6-8 minutes until soft. Add the garlic and fry for a further minute. Pour in the red wine; turn up the heat and simmer for 3-4 minutes to reduce the liquid by half. Add the tomatoes, sugar, Worcester sauce and tomato purée. Reduce the heat and simmer for 15-20 minutes until thickened. Add the basil, and



season well.

Place the spinach in a large pan with a knob of butter. Cover and cook over a medium heat for 2-3 minutes until the spinach has wilted. It will seem to almost disappear! Drain the cooked spinach in a colander and press to squeeze out any excess water. Roughly chop, then mix with the rest of the creamy sauce ingredients. Taste and season well. Spread a little of the spinach and ricotta sauce over the base of the baking dish, then cover with slightly overlapping lasagne sheets. Pour over a third of the remaining white sauce, sprinkle over a little of the grated cheese and top with half the tomato sauce. Cover with another layer of lasagne sheets, top with half the remaining white sauce, then all the remaining tomato sauce. Add the final layer of lasagne sheets, then spread with the rest of the white sauce. Scatter with the remaining grated cheese.

Top with mozzarella slices and the grated Parmesan and bake for 30 minutes until golden and bubbling.

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LEARN TO DANCE

Classes for all ages available see the website
www.feverdance.co.uk

ADULT

Monday	Adult Tap	5:45-6:30pm	£6.00
Sunday	Ballroom & Latin Beginners	8:00-9:00pm	£7.00

PRE SCHOOL CHILDREN

Tuesday	Cheerleading	3-5 years	4:30-5:00pm	£4.50
Thursday	Boogie babes: Mother, toddler & baby session (includes refreshments)		10:00-11:30am	£5.00
Saturday	Pre-primary ballet	3-4 years	9:00-9:30am	£4.50
	Tiny tots music & movements	3-4 years	11:30-12:00pm	£4.50

Mornington Road, Preston, PR1 4UL Telephone: 01772 703704 Facebook: /feverdancecompan

ADULT SOCIALS

50/50 Social Dance evening
with free sequence lesson
(last Saturday of every month)
7:45-11:00pm £6.00



CHILDREN 5+ YEARS

Monday	Primary ballet & tap	5-8 years	4:00-5:00pm	£6.00
	Junior ballet & tap	9+ years	5:00-6:00pm	£6.00
Thursday	Street dance	5-10 years	4:30-5:15	£5.00
	Boys Clubball	ages	4:30-5:15	£5.00
	Street dance	11+ years	5:15-6:00	£5.00
Saturday	Acro dance	all ages	11:00-11:30am	£4.50
	Junior Acro	9+ years	2:00-3:00pm	£6.00

FAME SCHOOL.

Come along to our brand new fame school, fusing singing, dancing & acting. Running in preparation for our summer Show June 2019.

Saturday 4, 5, 6 & 7 years 3:00-3:45pm
8 & over 3:30-5:30pm - Pay as you go -

Hire The Palace!

Baby Shower? Hen Party?
90th Birthday Cream Tea?
or Children's Party?

Our Cinema is available for hire!

Phone: 01772 956375
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Website: www.thepalace-longridge.co.uk

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9th July 2019		11 nights	Iceland and Faroes Cruise from Liverpool	From £1,029^{pp}
8th August 2019		10 nights	Spain, Portugal & Gibraltar Cruise from Liverpool	From £1,069^{pp}
29th August 2019		14 nights	British Isles Discovery Cruise from Liverpool	From £1,129^{pp}



Can't find what you're looking for?
Call today for more dates & prices!



Terms & conditions apply. Prices are per person based on 2 adults sharing a cabin. Prices are correct at time of print and can be changed or withdrawn at anytime. Please ask for more information. Blue Danube £1249pp (14/10/19), Burgundy £1249pp (28/10/19), Rhine £1289pp (28/10/19).

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www.gocruise.co.uk/paulandjoannk

The Guide is now online at www.jampublications.co.uk

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Community Noticeboard

Free for all charity, not for profit groups and community organisations.

To appear please Call Maria on

01772 865970 or

email community@jampublications.co.uk

by the 16th of the month prior to print.



Knitting in the Museum.

Friendly, chatty group that meets up every monday at 1.00 p.m.in the Harris Museum Art Gallery and Library on Preston Market Square. Come and join us warm welcome assured.

Quilt Exhibition Garstang Patchwork Quilters



Raffle supporting
CRY (Cardiac Risk in the Young)

10:00 am to 4:00 pm daily - 26/27/28 April

Billsborrow Village Hall, Garstang Road, Billsborrow PR3 0RE

Admission £3 - bored husbands and under 16's FREE!

- Trade stands
- Refreshments
- Sales tables
- Free car park
- Raffle prizes
- Disabled access



garstangpq.weebly.com



Carers Drop In at St. Catherine's Hospice, Lostock Hall

If you look after someone who needs your help we can help you!

Why not come along for an informal chat with Hospice staff on the 1st Tuesday of the month from: 1.00pm - 3.00pm

You can have a cuppa, complementary therapy and pick up information about services in Preston, Chorley and South Ribble
Tel: 01772 629171

www.stcatherines.co.uk/family-support/carer-support

St Catherine's
hospice care

Goosnargh & Whittingham Heritage Group

www.gwhg.org.uk

We research, record and celebrate the rich heritage of the parishes of Goosnargh and Whittingham.

New members are always welcome, we meet on the 3rd Monday of the month
(not August or December)

April 15th The Museum of Scouting and Camping

meet at Waddecar Scout camp (car park), Snape Rake Lane PR3 2EU
AT 7pm

May 20th Brexit, Bees and Butterflies.

Speaker Rodney Swarbrick and team.

Meet at St Mary's church, Goosnargh (community hub)

7.30pm

June 17th Guided Heritage /Conservation walk

Meet at St.Mary's Church Goosnargh at 7pm

see website for more information

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Cystic Fibrosis is a life-time condition.

Saturday 23rd March 2019
Cystic Fibrosis Trust
Grimsargh Village Hall, Preston Road, Grimsargh, Preston, Lancashire, PR2 5JS
Doors open 1.00pm, show starts 1.30pm
Tickets: £5
Tickets to be purchased in advance.

Charity raffle: FABULOUS prizes to be won at the show!
For tickets and more information please contact:
helen.borking@gmail.com

Ribchester Farmers Market

1st Saturday of the month,
10am til 2pm

February-December
Ribchester Sports Social Club, Church
St, Preston PR3 3YE

www.facebook.com/ribchester2017



Welsh Club Preston
Clwb Cymraeg
Preston

Like To Speak Welsh?

Come & join us on the first Thursday
of every month in
The Harris Lending Library,
10.00 - 12. Croeso cynnes i bawb: beginners,
rusty or fluent. All welcome to share our beautiful
language. www.welshclubpreston.org
clwbsiarad@gmail.com

Community Noticeboard

Longridge Civic Hall Community Car Boot Sale

1st Sunday of each month
(March-November)
Except April will be
on Sunday 14th
Doors open to stall holders
@ 7.30am
(stalls from £10, inside or outside)
to the public from 8am
(free entry)
(contact no 07738734802)

Wildaid Fundraising BRITISH WILDLIFE CHARITY (1001595)

We are currently looking for people to stand at pre booked venues in this area.

No experience required,
full training given.

Full / Part time.
Transport an advantage.
Good earning potential.

For more information....
Contact, Sandy 07977001280

St Catherine's hospice care

MOONLIGHT & MEMORIES WALK 2019

SATURDAY JULY 6TH STARTS 10PM
FROM ST CATHERINE'S PARK, LOSTOCK HALL

Everyone welcome!
Be part of the incredible atmosphere as relatives, friends and colleagues come together to honour their loved ones at this very special Night to Remember. Stride out under the stars in our 10 or 4-mile walk, raising vital funds to help the hospice care for local people with every step. Registration is £15 for adults and £10 for under 18s.

To sign up visit www.stcatherines.co.uk or call 01772 629171

SpringFieldFellWalking Club

Walk days Saturday every two weeks.
3 grades of walk.

03/03/19 GRASSINGTON
'A'- 12 MLS ; 2100' TL. ASC.
'B'- 9 MLS ; 1300' TL. ASC.
'C'- 8.1/2 MLS ; 1100' TL. ASC.

17/03/19 WYTHBURN - GRASMERE
'A' - 10 MLS ; 2500' TL. ASC.
'B' - 8.1/2 MLS ; 2000' TL. ASC.
'C' - 7.1/2 MLS ; 1600' TL. ASC.

31/03/19 HAYFIELD
'A' - 11 MLS ; 2100' TL. ASC.
'B' - 9.1/2 MLS ; 2200' TL. ASC.
'C' 7.1/2 MLS ; 1200' TL. ASC

Bus pickup Blackpool to Black Bull
Preston. Garstang Rd

www.springfieldsfellwalking.com

contact Tel: 01772 728718

www.ldlhs.org.uk and facebook

Our season continues with:-

Thursday 21st March Dr Mike Winstanley will be speaking on a period of the life of William Shakespeare that is shrouded in mystery:

“Did Shakespeare spend some of his lost years in Lancashire?”

This talk will be preceded by a short AGM starting at 7:00.

Thursday 11th April Ian Tyler will be returning to speak about an industry that was once occupied the lower reaches of the Rivers Kent and Leven:

“The Gunpowder Works in South Cumbria”. Our meetings are held in St. Paul’s Church, Church Street (off Berry Lane), Longridge, starting at 7:30 pm

Visitors and new members are most welcome.

Admission £2.50 for visitors,
email: chair@ldlhs.org.uk



Tai Chi for Health

Gentle exercise with a focus on posture and breathing

Health benefits for both your mind and body

Helps relieve stress and tension

Improves strength in muscles and joints

Helps improve balance and coordination



Mondays 10.30am – 11.30am (advanced)

Wednesdays 11am – 12noon (beginners/general)



Longridge Civic Hall



£3.50 per session

For more information contact:

Tracy Balko, Ribble Valley Up and Active: 01200 414484



Email
upandactive@ribblevalley.gov.uk
Online
upandactive.co.uk
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Ribble Valley 01200 414484

PHOENIX PATCHERS

Meet at
Barton Village Hall (on the A6)

On the 1st and 3rd Wednesday of the
month
1.30 – 3.30 p.m.

Beginners welcome

Come along and see what we do or
bring your own Patchwork.

For more information contact me
on ddiggins10@tiscali.co.uk

Grimsargh & District WI

Meetings held on 2nd Wednesday
of the month in Grimsargh Village Hall

**23rd March -Speaker Chris Gaze
Lancashire Willdlife Trust - Marine
Conservation**

Competition - A Seaside Decoration
Visitors & Guests Welcome

Goosnargh and Whittingham WI

Goosnargh Village Hall PR3 2BH

second Tuesday of the month

March 12th is our Birthday Party and on
this occasion starts at **7pm.**

April 9th - Dig-in North West at **7.30pm**

All are welcome.

Community Noticeboard

GRIMSARGH GARDENING CLUB PROGRAMME 2019

6th March

Ioan Davies, Chairman of the Japanese Garden Society, NW Region.

Ioan will give a talk introducing Japanese Gardens, why they are like they are, historical development, religious and cultural influences and the various components: rocks, water, plants and ornamentation.




Grimsargh Farmers Market
9am-1pm

3rd Sat of each month - Next Market is
16th March

Lots of stalls for you to get fresh, local produce at affordable prices.

Browse, shop and stop for a butty and brew.

If you would like anymore information please feel free to contact me
Nicky Baylis 07902 112 877

 **Women on the Run**

A running club for women run by women



Come along and join one of our fabulous groups. We are central to most areas of Preston and have fabulous running routes available all year round. Get fit - stay fit. We meet Tuesdays & Thursdays at Millennium Hall, Fulwood, PR2 6GN

Please contact one of our qualified leaders for further details or see our website www.womenontherun.co.uk

Tuesday Group 7pm - 8pm Leaders: Felicity Cross & Freida Peacock fandcfamiv@gmail.com	Thursday Group 7pm - 8pm Leaders: Helen Borking & Lindsey McGehey helen.borking@gmail.com
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 Find us on Facebook

 ENGLAND ATHLETICS AFFILIATED CLUB

Join us for a morning with Alistair Ness from



Mission Aviation Fellowship

Mission Aviation Fellowship provides support to some of the world's most vulnerable communities. Come and find out more at

Trinity Methodist Church
Whittingham Lane
Goosnargh



Sun 3rd March 10.45am
Followed by Jacob's Join lunch

FESTIVAL JUMBLE SALE

& GOOD-as-NEW



Saturday 16 March



Goosnargh Village Hall PR3 2BH

Doors Open at 11am

Good as New, Toys, Books, Bric-a-Brac, etc.

TOP CLASS JUMBLE!!!

Refreshments

Village Hall, Church Lane, Goosnargh PR3 2BH

Enquiries Tel: 01772 865840

Goosnargh Jumble is high quality and the proceeds of the Sale help to pay for the Village's Whitsuntide Festival. Goods left over go to Local, National and Third World Aid Programmes.



The Annual Grimsargh Field Day Walk for 2019 is to be held on Saturday 11th May. Starting from Pendle Hill, working our way through the beautiful Ribble Valley and back for a Jacobs Join at The Plough. The walkers will need to meet at 7 A.M. and the distance will be approximately 20 miles, with a 12 and 5 mile walk incorporated for walkers to join us.



If you would like to walk with us on "Witch Way To Grimsargh" to raise much needed funds for this years field day, please save the date and follow us on our Facebook page for regular updates and contact - debtruswell@hotmail.com to register.

Annual Sponsored Walk.

We look forward to seeing you, many thanks !

Community Noticeboard

Longridge Social Badminton Club

Meet every Thursday at
Longridge High School Sports Centre.
We play from 8:30pm to 10:30pm.

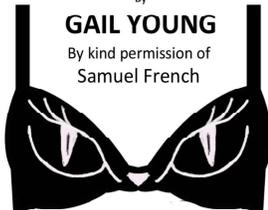
We are an inclusive club for all ages and abilities with the emphasis on having fun & trying to keep fit. The first visit is free so that you can see if it's for you. Just turn up and you'll be made to feel welcome.

Email : longsobadclub@gmail.com

The Whitechapel Players
PRESENT

Cheshire Cats

By
GAIL YOUNG
By kind permission of
Samuel French



Whitechapel Village Hall
Wednesday 22 May 2019 to Saturday 25 May 2019
7.30pm

Tickets
Adult £8 Children £5 Concessions £5 (Wednesday ONLY)
Contact Jane on 07974818419 / email janeyh11@hotmail.co.uk

Supporting Local Cancer Charities

- Rosemere Cancer Foundation
- Miles for Mitchie



BLACKBURN SYMPHONY ORCHESTRA

Spring Concert

One of the leading amateur orchestras in the North West.
Saturday March 30th 2018 – 7.30 pm – Blackburn Cathedral

Conductor: Richard Howarth

Bach Violin Concerto in E major

soloist Alexandra Stemp

Mahler Symphony No 5

TICKETS £13 (Children U18 Free available on the door or available from the website.)

Blackburn.s.o@btopenworld.com



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Are you Soprano, Tenor,
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7.30 - 9.30

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sheilaconway@live

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fund raising concert.

Longridge Heritage Centre Trust

Registered Charity No. 1158326
*The Old Station, Berry Lane,
Longridge. PR3 3JP Tel: 01772 437958
Email: info@lhctrust.org.uk*

New Corridor display
Longridge Influencers – the people,
businesses and other institutions that have helped to
make Longridge

From March 4th to end of April
On view during The Old Station opening hours,
Monday to Saturday, 9 to 4
Come and meet our volunteers at the Civic
Hall when we host the Market Coffee Morning,
Thursday 14th March
The Heritage Centre is open Monday to Friday, 10
to 4, for information and sales of maps, books and
historic photos from the Town Archive.

Goosnargh St. Mary's Flower Club

Meetings held in Goosnargh Village Hall
Church Rd, PR3 2BH
on the fourth Thursday of each month
(except Sept & Dec) at 7.30pm
Each month we have a Demonstrator who
produces arrangements which are raffled.

New Members and Visitors welcome
Contact 01772 718433 for more details

**Goosnargh St Mary's
Mother's Union**

meet on the first Thursday of the
month in the Parish room at
St Mary's Church Goosnargh.
We have a variety of speakers
throughout the year and would
welcome anyone who would
like to attend.

 **The Guide**

is published by Jam Design & Publications Ltd
Registered office: 30 Parklands Drive, Fulwood, Preston. PR2 9SJ

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THE GRIMSARGH PLAYERS
PRESENT AN AMATEUR PRODUCTION OF
Humble Boy
A COMEDY BY CHARLOTTE JONES



20th-23rd MARCH 2019
CURTAIN UP AT 7.30PM
TICKETS WEDNESDAY ADULTS £9 CONCESSIONS £8
TICKETS THUR FRI SAT ADULTS £10 CONCESSIONS £9
INC. PROGRAMME
PLAYHOUSE THEATRE, MARKET STREET WEST, PRESTON

BOX OFFICE: 07790 081 536
OR EMAIL: grimsarghboxoffice@btinternet.com
TICKETS ARE ALSO AVAILABLE ONLINE AT
www.prestonplayhouse.co.uk

FREE PARKING VOUCHERS FOR TRINITY SQUARE CAR PARK
are available in the theatre after 7pm on Play Nights
www.facebook.com/grimsarghplayers




PIANO MEETUP

3rd Saturday of each month, 13:00 - 15:30
At Clitheroe Library



Would you enjoy meeting fellow players, sharing knowledge and developing your performance skills on a Bechstein grand?

All abilities and styles welcome! No experience required!
 No pressure to play! Come along and listen if you prefer!

Within walking distance from the railway station

Contact Janet/Liz: clitheroepiano@gmail.com

The Club Players at Broughton

Broughton Club, Whittingham Lane
 Broughton, Preston

APRIL 10th to 13th 2019
“SATURDAY NIGHT AT THE CROWN”
 The well loved Lancashire comedy
 by Walter Greenwood

For all three productions seating is around tables of eight, the Bar in the Hall will be open for drinks prior to each play and during the intervals. Tea and coffee will also be available

Each performance starts at 7.30 pm.

Tickets are £8.00 each Booking tel no:07395825407 Or text.
 E mail:theclubplayers@gmail.com



SAVE THE DATE
THE SPACE CENTRE SPRING BALL
Friday 17th May 2019
at The Barton Grange Hotel
Featuring Stephen Bayliss + DJ
with Raffle and Auction
Tickets £45 a head
For details please contact
Andrea on 01772 769 391



facebook.com/the.spacecentre/

Puzzle Solutions

A	S	S	E	S	S	E	D	S	O	L	E
H	R	I	U	A	I						
H	A	Z	A	R	D	D	E	F	I	N	E
B			E			E	K				
A	B	S	O	R	B	E	R	G	L	E	E
Y		U	O	O		U	D				
	S	T	E	A	M	B	O	A	T		
C	E	N	T	D	R	E	A	D	F	U	L
D	R			R						N	
G	A	M	I	N	G	I	N	D	I	G	O
T	P	U	E	A	U						
P	E	G	S	M	I	S	H	M	A	S	H

1	9	2	7	3	8	5	4	6
3	4	6	1	9	5	7	2	8
7	5	8	2	4	6	1	9	3
5	2	9	8	6	4	3	7	1
6	1	4	3	7	9	2	8	5
8	3	7	5	1	2	9	6	4
9	8	1	6	2	3	4	5	7
4	7	5	9	8	1	6	3	2
2	6	3	4	5	7	8	1	9

Mindbenders

Fair and square
Mixed-Up kid
Backseat driver

Lateral Thinking

The four men were all pall bearers and the fifth was the corpse in the coffin.



Fuzzy Photo

A Badger

Useful Numbers

Police (Non Emergency) 101

Longridge 01772 209583
Broughton 01772 863390
Crime Stoppers 0800 555 111

Health Services

NHS (Non Emergency) 111
Longridge Hospital 01772 777400
Primary Care 01772 788058
NHS Direct 0845 4647/111
Samaritans 116 123
Royal Preston Hospital 01772 716565

Village Halls

Goosnargh 01772 865157
Grimsgarth 01772 654509
Chipping 01995 61835
Longridge 01772 780607

Bus Enquiries

Preston Bus 01772 821199
Stagecoach 01772 255777
Ribble Valley 01772 865575

Rail Enquiries

National Rail 0845 748 4950

Councils

Preston CC 01772 906900
Longridge Town 01772 782461
Ribble Valley BC 01200 425111

Animal Care

RSPCA Advice 0300 1234555
RSPCA Emergency 0300 1234999

Leisure Centres

Westview 01772 796788
Fulwood 01772 716085
Longridge Sports Ctr 01772 784474

Libraries

Longridge 0300 123 6703
Harris Central 0300 123 6703

Utility Providers

Electricity (Utd Utilities) 0800 195 4141
Transco Gas Emergency 0800 111 999
Water (Utd Utilities) 0845 746 2200



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