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3



Welcome

Can you find me?



Should auld acquaintance be forgot,
And never brought to mind?
Should auld acquaintance be forgot,
And auld lang syne!

Chorus.-For auld lang syne, my dear,
For auld lang syne.
We'll take a cup o' kindness yet,
For auld lang syne.

Auld Lang Syne - lyrics

Congratulations to all those who found Miti hidden on page 19 in the Guild Hall Advert.
The winner picked out of the hat was Mrs Roskell.

She returns this issue - can you find her? She is hidden somewhere
To enter and win £25 please send in your answer to the usual addresses:

email: competitions@jampublications.co.uk.

Contact Jam Publications 01772 865970 or 07790 119 858,
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Advertising Feature

Here we are in the final year of another decade. What haven't you done that you promised yourself? Get fit? Walk more? Lose weight? And what's stopping you?

Often, uncomfortable feet, knees or hips are the limiting factor to more exercise and better physical and mental health.

Your feet should be painless and comfortable, in fact they should be forgettable! If your feet are uncomfortable you can feel it on every step and it shows on your face.

Lots of our customers have been putting up with uncomfortable feet for some time before coming to see us. Many think the pain might just go away or they feel embarrassed to show somebody else their feet. But deep down, they know that this is stopping them from getting out there and being as active as they could be!



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At The Foot Room, we have the skills to put an end to your painful feet, whether it be corns, hard skin, heel cracks, verrucae, ingrowing or thickened toenails...and we do it painlessly!

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Your Feet Need YOU!

We also have a Musculo-Skeletal Specialist Podiatrist who can help with joint and muscle pain in feet, knees, hips and often backs too by assessing your walking and providing exercise advice and orthotics (arch supports).

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- "My feet feel fantastic, thanks, I'm walking on air now" Mrs M
- "Your expertise, kindness and real caring has helped to keep me walking" Mrs H
- "Top class professionals with a wealth of experience" Mrs B

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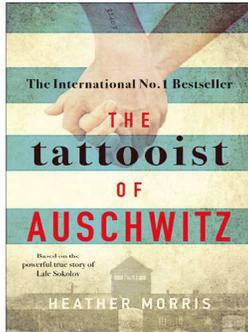
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Book Review

A Good Read

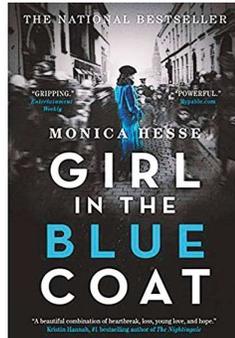


The Tattooist of Auschwitz by Heather Morris

There are many books about the horrors of the Holocaust, some fictional, others biographical. This 2018 book is one of the later. Heather Morris had a chance encounter with Holocaust survivor Lale Sokolov in 2003, and over the following three years until his death, he told her the story of his life.

Lale was a Slovakian Jew and in 1942, at the age of 25, he was transported to Auschwitz in Poland. Well presented and a bit of a chancer, he managed to get appointed to a job that would allow him to remain alive for the remainder of the war, and give him privileged accommodation and food. He became the Tatowierer whose job it was to scratch indelible numbers into the skin of prisoners.

At first glance this might appear to be a depressing story, but it is ultimately not a story of death but a story of love, survival, and determination in the most horrific place on earth. Here the inmates try to maintain some level of existence despite the fear of death every day. Lale meets Gita, a young Jewish woman assigned to work in the camps and they plan for the seemingly unthinkable: a life beyond the



camps. What Morris gives us is a story that you won't be able to put down. A story of hope that will uplift you and reveal the very best of humanity.

The Girl in the Blue Coat by Monica Hesse

Adult fiction is not the only genre to venture into Holocaust literature, and age appropriate novels are available for children and young people. One such novel is *The Girl in the Blue Coat*, aimed at the young adult market. This remarkable novel is fictional, but rooted in an impeccably researched Amsterdam under Nazi occupation.

Hanneke is 19 years old and works for an undertaker. However, she also works on the black market, obtaining items otherwise rationed or banned under Nazi occupation. She hates the new regime and the sight of soldiers in her city, but gives very little thought to the treatment of the thousands of Jews living in the Netherlands. That is until one of her clients presents her with a rather unusual request. She wants her to find Mirjam – a 15 year old Jewish girl whose family have been killed and who was in hiding until she vanished. This request takes Hanneke into a world of resistance that she never knew existed, and the true horror of the treatment of Jews becomes apparent.

Hesse brings 1940s Amsterdam vividly to life and incorporates real stories of individual heroism (such as the resistance workers who saved up to 600 babies by smuggling them out of Amsterdam) among the fictional characters she has created. Inspired by a trip to Holocaust-related sites in and around Amsterdam she draws on the real life accounts of resistance writers during the war and Jews in hiding, to present a story of how

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Fact of the Day

Did you know that due to the way a rotting apple releases ethylene (which accelerates rotting), one bad apple really does ruin the whole bunch.

AWARENESS DAYS ... DRY JANUARY 2019

Start: January 1st 2019
End: January 31st 2019

Dry January is Alcohol Concern's flagship campaign which has been changing the conversation about alcohol over the past 6 years.

Taking part in our campaign is a chance to ditch the hangover, reduce the waistline, and save some serious £££ by giving up alcohol for 31 days.

Why do Dry January?

There are loads of reasons for taking part in Dry January, Here are just a few:

- Reset your relationship with alcohol - realise you don't need it
- New year, new you - do Dry January and feel healthier and happier as:
 - you sleep better
 - your skin improves
 - you lose weight



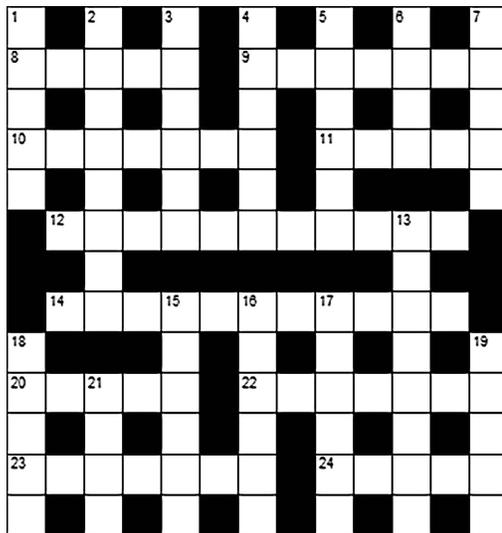
DRY JANUARY

- More money in your pocket (the average person spends £50,000 on booze in their lifetime)
- Get healthier - through giving up alcohol for a month you do your insides a lot of good.
- Amazing sense of achievement!

If we could come up with a new health supplement or discovered a superfood that had all those benefits, we'd be millionaires. But instead we aim to offer the help, advice and encouragement to let you get these benefits yourself, all for free.

Visit our event website: www.alcoholconcern.org.uk

Crossword



Across

- 8 Angry, enraged (5)
- 9 Surface, layer of earth (7)
- 10 Hangman (7)
- 11 Dissertation, article (5)
- 12 Piece of office equipment (11)
- 14 Founded, set up (11)
- 20 Mean, horrible (5)
- 22 Used to dismiss a football player (3,4)
- 23 Contaminate, taint (7)
- 24 Large string instrument (5)

Down

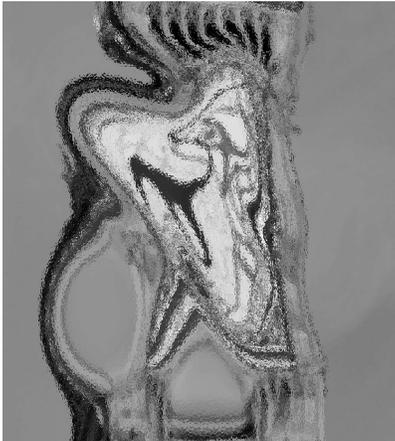
- 1 Snug (5)
- 2 Flings, pitches (8)
- 3 Protective hat (6)
- 4 Traditional, tribal (6)
- 5 Maintenance (6)
- 6 Flowerless green plant (4)
- 7 Andrew _____ Webber, the composer (5)
- 13 Peepers! (8)
- 15 Sanctuary, refuge (6)
- 16 Pantry, food-cupboard (6)
- 17 Entice, beguile (6)
- 18 Clumsy, incompetent (5)
- 19 Optical disc for storing computer data (abbr) (2-3)
- 21 Huff, brood (4)

		3	5				1	9
7				4				
6	5						2	
					7		4	
	2	7		6		8	3	
	6		3					
	4						8	5
				2				3
2	1				8	9		

Sudoku

How To Play Sudoku

Fill in the grid so that each row, column and 3 x 3 box contains the number 1 through to 9 with no repetition.



Fuzzy Photo!

We have made some 'minor' alterations to an image of a famous person, place or object.

Can you work out who, where or what the original images was?

Lateral Thinking



A man looks out of a window. He is desperate to open it, yet he knows this would kill him. why?

Mind Benders

Find the three hidden phrases

TUOBA

Atadropplantic

absent
leave

absent
↑

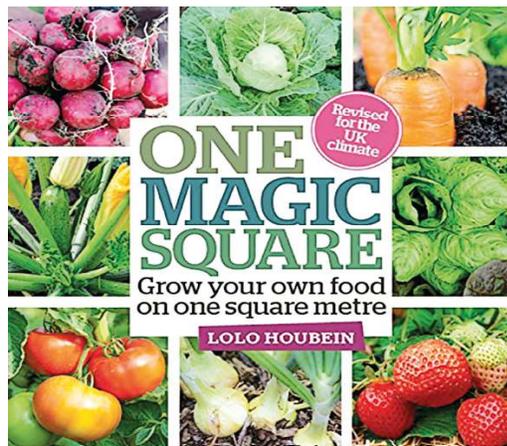
Garden View

This month – Great gardening books

If you didn't get what you wanted for Christmas now is the perfect time to curl up in front of the fire with a gardening book you've brought for yourself. We have a few to recommend.

RHS Great British Village Show by Matthew Biggs and Thane Prince - The village show is a quintessential British tradition, and for many gardeners it represents the pinnacle of their sowing and growing year. This charming and informative book takes you behind the scenes of this very British institution, offering insights into the worlds of judges and contestants. It's beautifully illustrated with photographs, and offers wonderful gems of insider information, including how to stage your produce, and what the judges are really looking for. There are even recipes for prize-worthy jams and preserves. If you've never attended a village show this book will make you yearn for a summer of tents and teas; you might even be tempted to become a competitor.

One Magic Square by Lolo Hubein – Following on from the previous book, have you ever wanted to have a go at growing your own vegetables and fruit but feel completely clueless? We're always hearing that the best and cheapest food is the food you grow in your own garden, but it all seems rather complicated to a total novice. In *One Magic Square*, Lolo Hubein shows how you can start your own productive food garden in ten minutes a day on a single square metre. She provides simple plot designs starting with salads, and gradually expanding to include beans, tomatoes, corn, roots and much more. She also stresses the benefits of companion planting and provides ideas. The bite-sized designs (pun totally intended!) allow you to extend by one square metre each season, or to pick your favourites. The magic of square-metre gardening is in allowing your project to grow in a manageable way, from simple to more complex. There are even designs catering for different tastes and specific diets.



RSPB Gardening for Wildlife by Adrian

Thomas - If you long to have butterflies and bees in your flowerbeds, birds singing in your trees, and hedgehogs bustling about under your bushes then look no further than this wonderful guide to wildlife gardening

Adrian Thomas explains the intricacies of attracting wildlife to your garden whether you have a small plot or more than an acre. His style is accessible, but rich in detail. He draws on the latest wildlife research to explain the ecological principles, and to dispel some of the myths which have traditionally prevented gardeners from pursuing a wildlife-friendly approach. There are practical projects to help you create entire habitats, and long lists of suitable plants and trees, and it's packed to brim with helpful photographs. If you love wildlife and want to encourage more to visit your garden, this inspirational book will help you sow the seeds and reap the rewards.

by Rachael Leverton



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Week 7 Friday 15th February 2019

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Sunday	Ballroom & Latin Beginners	8:00-9:00pm	£7.00
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Tuesday	Cheerleading	3-5 years	4:30-5:00pm	£4.50
Thursday	Boogie babes: Mother, toddler and baby session (includes refreshments)		10:00-11:30am	£5.00
Saturday	Pre-primary ballet 3-4 years	9:00-9:30am	£4.50	
	Tiny tots music and movements 3-4 years	11:30-12:00pm	£4.50	

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	Junior ballet & tap	9+ years	5:00-6:00pm	£6.00
Thursday	Street dance	5-10 years	4:30-5:15pm	£5.00
	Boys Club	all ages	4:30-5:15pm	£5.00
	Street dance	11+ years	5:15-6:00pm	£5.00
Saturday	Primary ballet	5-8 years	9:30-10:00am	£4.50
	Cheerleading	all ages	10:00-10:30am	£4.50
	Street dance	all ages	10:30-11:00am	£4.50
	Acro dance	all ages	11:00-11:30am	£4.50
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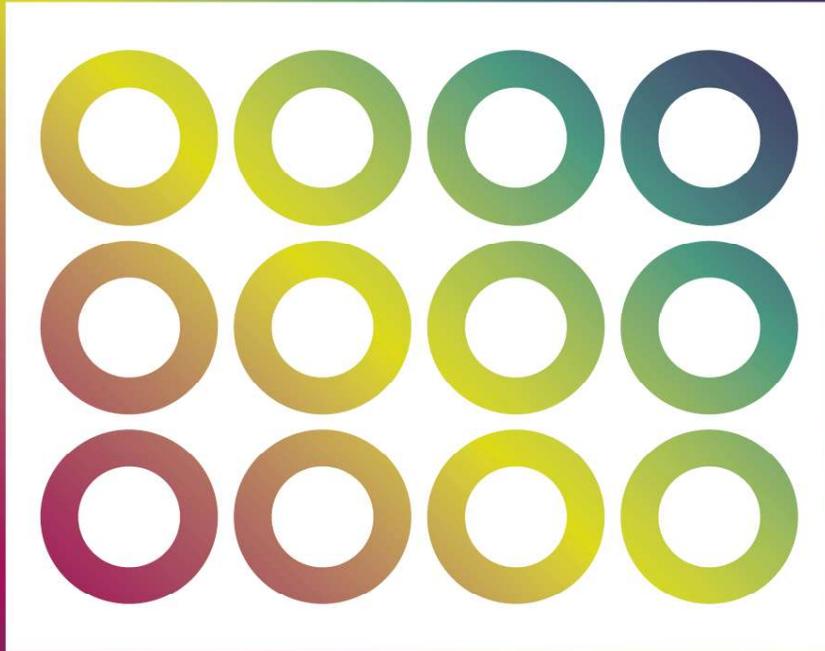
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MOBILE: 07903681736
 HOME: 01772 720787



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 Samlesbury PR5 0UN

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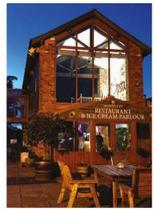



We have a fantastic team of chefs at our restaurant who take great pride in delivering locally sourced delicious and seasonable dishes.

RESTAURANT OPENING TIMES

MON - SAT 8:30AM - 6PM SUN 9:30AM - 5PM
 KITCHEN CLOSES AT 4PM SUN - FRI & 4.30PM ON SATURDAYS.
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Once Upon a Time

National Storytelling week runs from
January 26th – February 2nd

When did you last tell a story? Probably more recently than you think because as humans we tend to think in images and narrative.

Think about your favourite anecdote; the one you're called upon to recount at every family gathering and which gets embellished a little more each time it's told. That's story telling in action and it's the oldest art form in the world.

Since man first developed the power of speech, stories have been the traditional medium of communication between generations, used to educate and entertain.

There is evidence of storytelling in languages as diverse as Sanskrit, Old German, Latin, Chinese, Greek, Icelandic and Old Slavonic.

One of the earliest surviving records is from Egyptian culture. The sons of Cheops (the pyramid builder) are pictured in hieroglyphics on ancient papyrus entertaining him with stories.

Specialist storytellers evolved, known as bards. They were also poets and musicians and their job was to entertain by creating and performing poetic oral narrations. These generally chronicled the events of a war or praised the daring deeds and achievements of leaders and their forebears.

Bards were also known as minstrels and jongleurs and often enjoyed a high status within their community.

The bardic community preserved many tales from different cultures which are still enjoyed today, including:



- The Merry Adventures of Robin Hood (English)
- The Iliad and The Odyssey (Greek)
- The Tain (Irish)
- The Ramayana (Indian)

Religious leaders also made use of storytelling to guide and teach their followers. This practice is still used, particularly in Hinduism and Buddhism. Ordinary folk also told stories, particularly at festival time and many such folk tales were collected and recorded by writers such as The Brothers Grimm.

The Society for Storytelling organises the National Storytelling Week each year to promote the art, value and practice of storytelling.

Storytelling events will be taking place in schools, libraries, museums, art galleries and residential homes. Check out what's in your area.

Web Address - The Society for Story Telling www.sfs.org.uk

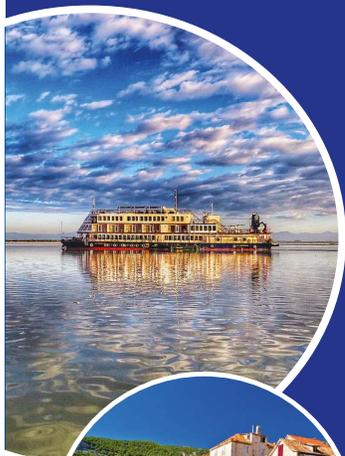
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Community Noticeboard

Free for all charity, not for profit groups and community organisations.

To appear please Call Maria on

01772 865970 or

email community@jampublications.co.uk by the 16th of the month prior to print.



Preston & District Walking Club

Want to walk but don't know where?

Try us before joining.

A wide range of walks for all abilities.

Local Car walks and further afield by Coach. www.pdwc.org 01772 813498

COFFEE MORNING

At Haighton Manor

Haighton PR2 5BQ

£5 to include coffee & Scone

7th February from 10.30



Stalls & Raffle
All proceeds To
The Space Centre

Call Andrea On 01772 769 391

for further details & Tickets
see ebook on the space centre!

PHOENIX PATCHERS

Meet at
Barton Village Hall (on the A6)

On the 1st and 3rd Wednesday of the
month

1.30 – 3.30 p.m.

Beginners welcome

Come along and see what we do or
bring your own Patchwork.

For more information contact me
on ddiggins10@tiscali.co.uk

SpringFieldFellWalking Club

Walk days Saturday every two weeks.

3 grades of walk.

19/01/19 Ambeside

A - 11 mls ; 3900 ' ASC

B - 9 mls ; 2100 ' ASC

C - 7 1/2 mls ; 1300 ' ASC

02/02/19 Maham

A - 15 mls ; 2000 ' ASC

B - 9 mls ; 1300 ' ASC

C - 7 mls ; 1200 ' ASC

16/02/19 Threlkeld

A - 12.1/2 mls ; 3500 ' ASC

B - 9 1/2 mls ; 2900 ' ASC

C - 8 mls ; 1900 ' ASC

Bus pickup Blackpool to Black Bull

Preston. Garstang Rd

www.springfieldsfellwalking.com

contact Tel: 01772 728718

The Club Players at Broughton

Broughton Club , Whittingham Lane Broughton , Preston

FEBRUARY 7th to 9th 2019
MURDER MYSTERY EVENING

Exercise the little grey cells and find out Who? Why? How? Was the murder committed?
Hot Pot supper or gluten free bake is included in the £12 ticket price for this production.

APRIL 10th to 13th 2019
“ SATURDAY NIGHT AT THE CROWN” The well loved Lancashire comedy
by Walter Greenwood

For all three productions seating is around tables of eight, the Bar in the Hall will be open for drinks prior to each play and during the intervals. Tea and coffee will also be available .
Each performance starts at 7.30 pm.

Tickets are £8.00 each Booking tel no:07395825407 Or text.
E mail:theclubplayers@gmail.com



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Cystic Fibrosis a Pŵll
www.welsh.club

Saturday 23rd March 2019
Cystic Fibrosis Trust
Grimsargh Village Hall, Preston Road, Grimsargh, Preston, Lancashire, PR2 5JS
Doors open 1.00pm, show starts 1.30pm
Tickets: £5
Tickets to be purchased in advance.
Charity raffle: FABULOUS prizes to be won at the show!
For tickets and more information please contact:
helen.borking@gmail.com

Ribchester Farmers Market

1st Saturday of the month,
10am til 2pm

February-December
Ribchester Sports Social Club, Church
St, Preston PR3 3YE

www.facebook.com/ribchester2017



Welsh Club Preston
Clwb Cymraeg
Preston

Like To Speak Welsh?
Come & join us on the first Thursday
of every month in
The Harris Lending Library,
10.00 - 12. Croeso cynnes i bawb: beginners,
rusty or fluent. All welcome to share our beautiful
language. www.welshclubpreston.org
clwbsiarad@gmail.com

**Community
Noticeboard**

Preston Macular Society

Support Group
 We meet the second Thursday of the month (apart from December)
 1pm till 3pm
 at Central Methodist Church, Lune Street, opposite St George's Centre
 Preston

For further information
 please contact 01772 512008

**Wildaid Fundraising
BRITISH WILDLIFE CHARITY
(1001595)**



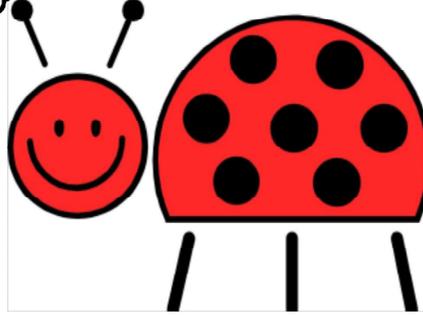
We are currently looking for people to stand at pre booked venues in this area.

No experience required,
 full training given.

Full / Part time.
 Transport an advantage.
 Good earning potential.

For more information....
 Contact, Sandy 07977001280

Games Crafts Stories Fun



BUGZ CLUB

@ Trinity Methodist Church
 Whittingham Lane, Goosnargh

Friday 6.30pm-7.30pm

Ages 6-11 Just £1.50

**The Ryan
Medical Centre**



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 Preston PR5 6JD
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 Mobile: 07897 199101
 office@tnc.org.uk
 www.tnc.org.uk

TENDER NURSING CARE

**Tender Nursing Care
CAN WE HELP YOU?**

We are a local charity operating in the South Ribble, Chorley and Preston areas.

Since 1979 we have provided FREE overnight care and support to local people with life limiting conditions. This enables people to remain in their own homes and avoids the need for hospital or hospice care.

If you would just like more information about our services please call us on 07897 199101 or 01772 335136 ext 3.

Alternatively if you think that you or a member of your family would benefit from our services please speak to your doctor or district nurse to assess your suitability for a potential referral.

A charitable company limited by guarantee registered in England & Wales
 Registered Office: Ryan Medical Centre, St Mary's Road, Bamber Bridge, Preston, PR5 6JD
 Registered Charity No. 1154186 Company No. 8706607

www.ldlhs.org.uk and facebook

At our first meeting in 2019 on Thursday 17th January the renowned local historian Dr Alan Crosby will be speaking about his remarkable family history in a talk entitled: "Travels with my great-aunt: explorations in family history in England, Russia and Poland".

At our following meeting on Thursday 21st February our chairman, Steve Ashcroft, will be talking about the tram route which linked the northern and southern sections of the Lancaster Canal across the River Ribble in a talk entitled: "The Preston Tram Road".

Our meetings are held in St. Paul's Church, Church Street (off Berry Lane), Longridge, starting at 7:30 pm.

Our annual dinner is at Ferrari's on Thursday 7th February, 6:30 for 7:00, when the Leyland Morris Men will be entertaining us.

Visitors and new members are most welcome.

Admission £2.50 for visitors, email: chair@ldlhs.org.uk

<h2>Preston Ramblers</h2>			<p>Join the Preston Ramblers for walks in Lancashire - fresh air, exercise, lovely countryside - what more can you ask for? Visit our web site at www.prestonra.co.uk. We organize walks on a monthly basis. Our aim is to have mid-week walks on 1st and 3rd Wednesdays (5-7 miles). Non-members are welcome to come along and join in our walks. Contact our Membership Secretary at gms@prestonra.co.uk</p>			
Date	Meet	Start	Walk	Distance	Difficulty	Contact
Wed 06/02/2019	11:00 (PR3 1BH, SD502485)	11:00 Park on Tithebarn Lane, Scorton (near M6 bridge) (PR3 1BH, SD502485)	<u>Scorton</u> Paths, tracks and quiet roads	6mi/9.7km	Moderate	Frank P, 01772 865578
Wed 20/02/2019	11:00 (PR4 6HR, SD455187)	11:00 Park on Liverpool Old Road in Sollom village near juncn with Sollom Lane (PR4 6HR, SD455187)	<u>Bank Hall</u> Paths, tracks and quiet roads	6mi/9.7km	Leisurely	Barry R, 07949 131435

Goosnargh St. Mary's Flower Club

Meetings held in Goosnargh Village Hall
Church Rd, PR3 2BH

on the fourth Thursday of each month
(except Sept & Dec) at 7.30pm

Each month we have a Demonstrator who
produces arrangements which are raffled.

New Members and Visitors welcome

Contact 01772 718433 for more details

Grimsargh & District WI

*Meetings held on 2nd Wednesday
of the month in Grimsargh Village Hall*

12th Dec

Laughter, the best medicine

Dennis Moore

Something that makes you smile

Visitors & Guests Welcome

Email your information to community@jampublications.co.uk

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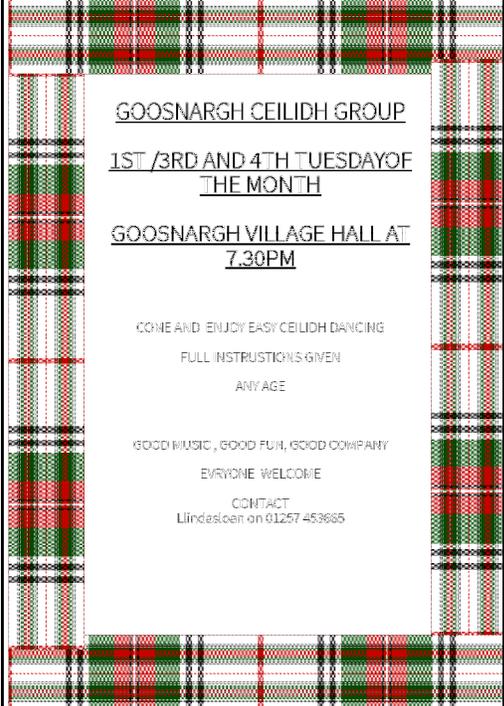
Community Noticeboard

Longridge Social Badminton Club

Meet every Thursday at
Longridge High School Sports Centre.
We play from 8:30pm to 10:30pm.

We are an inclusive club for all ages and abilities with the emphasis on having fun & trying to keep fit. The first visit is free so that you can see if it's for you. Just turn up and you'll be made to feel welcome.

Email : longsobadclub@gmail.com



GOOSNARGH CEILIDH GROUP
1ST /3RD AND 4TH TUESDAY OF
THE MONTH
GOOSNARGH VILLAGE HALL AT
7.30PM

COME AND ENJOY EASY CEILIDH DANCING
FULL INSTRUCTIONS GIVEN
ANY AGE

GOOD MUSIC , GOOD FUN, GOOD COMPANY
EVERYONE WELCOME

CONTACT
Lindesleen on 01257 453685



BLACKBURN SYMPHONY ORCHESTRA

Spring Concert

One of the leading amateur orchestras in the North West.
Saturday March 30th 2018 – 7.30 pm – Blackburn Cathedral

Conductor: Richard Howarth

Bach Violin Concerto in E major

soloist Alexandra Stemp

Mahler Symphony No 5

TICKETS £13 (Children U18 Free available on the door or available from the website.

Blackburn.s.o@btopenworld.com



Registered Charity No 516124


Charity Lunch
 & Flower Demonstration
 Thursday 7th February 2019
 at
FERRARI'S HOTEL
 Chipping Road, Thornley, PR3 2TB
 Stalls from 11.30am
 Lunch served 12.30pm
 (Choice of menu on the day)
 Followed by Andrew Thompson
 giving a Flower Arranging Demonstration

Tickets available from:
 Tel: 01995 640185
 01772 864689


*Admission by
 prior booking
 only £25*

All Proceeds to Cancer Help Preston Ltd. (Incorporating Vine House & Croston House)

Longridge Heritage Centre Trust

Registered Charity No. 1158326
*The Old Station, Berry Lane,
 Longridge. PR3 3JP Tel: 01772 437958
 Email: info@lhctrust.org.uk*

Re-opens January 3rd

Exhibitions planned for 2019

The Bond Minicar – Longridge's
 contribution to the motor industry
 Prominent Longridge residents through the years

The Heritage Centre is open Monday to Friday,
 10 to 4, for information and sales of maps, books
 and historic photos from the Town Archive.
 Or access the Archive on our website

www.LHCTrust.org.uk

Join in the fun and get walking with
'Central Lancs Rambling Club'
 Out Sunday every fortnight by coach,
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 We have four groups for all levels of
 walking
 Contact Jim Cookson on 01772
 709886 Mob 07538747470
 Check out our website: [www.clrcuk.
 co.uk](http://www.clrcuk.co.uk)

**Goosnargh St Mary's
 Mother's Union**

meet on the first Thursday of the
 month in the Parish room at St Mary's
 Church Goosnargh.
 We have a variety of speakers
 throughout the year and would
 welcome anyone who would like to
 attend.

 **The Guide**

is published by Jam Design & Publications Ltd
 Registered office: 30 Parklands Drive, Fulwood, Preston. PR2 9SJ

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We need volunteers for:

Collections

Help us to celebrate our 30th year of providing services!

Please call:
Laura Stephenson, Head of Fundraising

T: 01772 793 344 or

Email: l.stephenson@cancerhelppreston.co.uk

for your application pack.

We are always looking for people to be part of our volunteers community and would welcome anyone to help us in other areas of the charity!

Winn House, 20 Grosvenor Road, 48-48b, Fulwood, Preston PR2 6EJ
Tel: 01772 793344 Email: info@cancerhelppreston.co.uk



A running club for women run by women



With dark nights approaching there's no need to run alone. Why not come along and join one of our fabulous groups. We are fun, sociable and offer encouragement & support to women of any age, shape or size. Get fit - stay fit. We meet Tuesdays & Thursdays at Millennium Hall, Fulwood, PR2 6GN

Please contact one of our qualified leaders for further details or see our website www.womenontherun.co.uk

Tuesday Group 7pm - 8pm
Leaders: Felicity Cross & Freda Peacock
fandpfamily@gmail.com

Thursday Group 7pm - 8pm
Leaders: Helen Borking & Lindsey McGohey
helen.borking@gmail.com



Find us on Facebook



Thursday Morning Bridge Lessons for Beginners



Broughton and District Club Bridge Section

are pleased to be hosting "Beginner" lessons in the Clubhouse on Thursday Mornings at 09.30am starting October 25th 2018

Playing bridge is good for you both mentally and socially

COME AND LEARN THE BASICS IN A FRIENDLY LOCAL ENVIRONMENT

No prior knowledge needed. Please register your interest by e-mailing your details to webmaster@broughtonbridgeclub.co.uk the cost is £3.00 per session including tea or coffee

Or, for further details please contact:
Clive Turner: 07506551429 or clive.turner@keygroup.co.uk

Social bridge players: If you would like to try duplicate bridge at a friendly local club, you'll find a warm welcome at Broughton Club. See our web site for details:- www.broughtonbridgeclub.co.uk

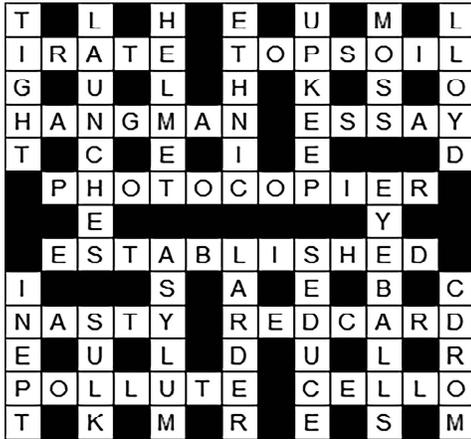


SAVE THE DATE
THE SPACE CENTRE SPRING BALL
Friday 17th May 2019
at The Barton Grange Hotel
Featuring Stephen Bayliss + DJ
with Raffle and Auction
Tickets £45 a head
For details please contact
Andrea on 01772 769 391



[facebook.com/the.spacecentre/](https://www.facebook.com/the.spacecentre/)

Puzzle Solutions



4	8	3	5	7	2	6	1	9
7	9	2	1	4	6	3	5	8
6	5	1	8	9	3	4	2	7
1	3	9	2	8	7	5	4	6
5	2	7	9	6	4	8	3	1
8	6	4	3	5	1	7	9	2
3	4	6	7	1	9	2	8	5
9	7	8	4	2	5	1	6	3
2	1	5	6	3	8	9	7	4

Mindbenders

About turn
A drop in the Atlantic
Absent without leave

Lateral Thinking

He is in a submarine suffering from claustrophobia.



Fuzzy Photo

Big Ben

Useful Numbers

Police (Non Emergency) 101

Longridge 01772 209583
Broughton 01772 863390
Crime Stoppers 0800 555 111

Health Services

NHS (Non Emergency) 111
Longridge Hospital 01772 777400
Primary Care 01772 788058
NHS Direct 0845 4647/111
Samaritans 116 123
Royal Preston Hospital 01772 716565

Village Halls

Goosnargh 01772 865157
Grimpsargh 01772 654509
Chipping 01995 61835
Longridge 01772 780607

Bus Enquiries

Preston Bus 01772 821199
Stagecoach 01772 255777
Ribble Valley 01772 865575

Rail Enquiries

National Rail 0845 748 4950

Councils

Preston CC 01772 906900
Longridge Town 01772 782461
Ribble Valley BC 01200 425111

Animal Care

RSPCA Advice 0300 1234555
RSPCA Emergency 0300 1234999

Leisure Centres

Westview 01772 796788
Fulwood 01772 716085
Longridge Sports Ctr 01772 784474

Libraries

Longridge 0300 123 6703
Harris Central 0300 123 6703

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