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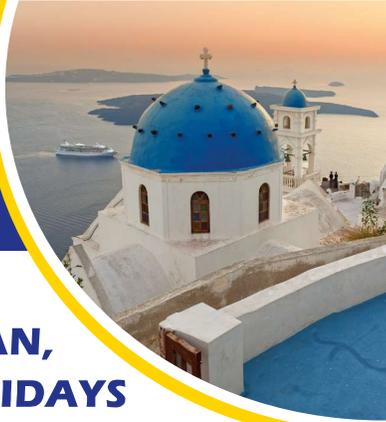
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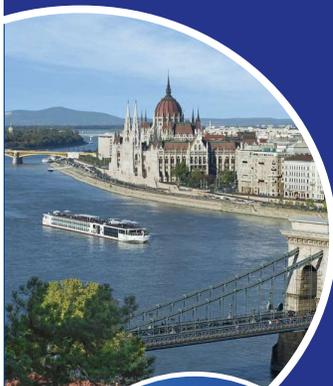
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*In July I caught a butterfly,  
it's peacock markings  
and its gentle wings fluttered,  
to tickle and delight.*

Can you  
find me?



*In July we saw the flowers bloom,  
raising heads to the sun,  
opening their petals  
in the strong summer heat,  
a maze of colours.*

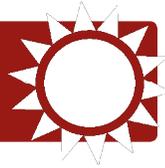
**JULY** By Ruth Walters

Congratulations to all those who found Miti hidden on page 7 in the Fever Dance Advert.  
The winner picked out of the hat was John Whiteside.

She returns this issue - can you find her? She is hidden somewhere  
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# Garden View

## This month – Black-eyed Susan

You might not know its name, but you are probably familiar with the Rudbeckia. A late summer perennial daisy. It's sometimes called Coneflower or Black-eyed Susan.

It flowers from early August to late September and I find it a valuable addition to the late summer garden. It does particularly well in full sun in rich, well-drained soil. You can sow them as annuals indoors in spring to set out after frost or plant as perennials in spring or autumn. Divide every 3 to 4 years and deadhead to avoid self-seeding, though personally I see self-seeding as a bonus trait in a plant! Mildew can be an issue on the foliage but can be avoided if you don't overcrowd the plants. Watch the young foliage because slugs and snails find it tasty. Once the plants are established this isn't a problem.

Rudbeckia 'Golden compass' produces masses of classic bright yellow and black Rudbeckia flowers on a bushy plant. It grows up to 70cm in height and can be grown from seed as a half-hardy annual or a short-lived hardy perennial.

Rudbeckia fulgida is the classic 'Black-eyed Susan', with sunflower-yellow flowers and a very black central cone. It does better in damper ground than many of the varieties so choose this one if your garden is less well-drained.

I love Rudbeckia 'Prairie glow'. It is a stunning plant and good for adding height as it grows to 1.5m. Its huge 6cm diameter flowers have warm orange petals with yellow tips.

Rudbeckia 'Irish eyes' is a more unusual variety with a yellowish rather than brown cone, as well as yellow florets. It repeat



flowers from July through to October.

If your soil is on the dry side, try Rudbeckia fulgida 'Deamii'. It produces shining, golden flowers with jet-black cones from early September to late October and into November. It has slightly smaller flowers, but they are lovely, and abundant.

Rudbeckias naturally grow in dry savannahs, grassland prairies and in the glades of rocky upland forests across North America but they have become a much-loved bushy stalwart of the herbaceous border and will delight from late summer right through the autumn.

Happy gardening.

**By Rachael Leverton**



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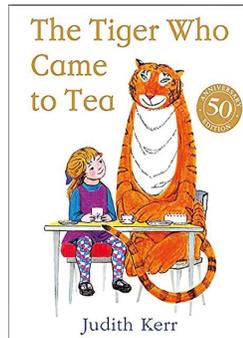
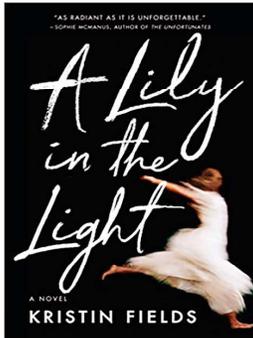
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## Book Review

# A Good Read



all. Until she receives a phone call from her older sister, on the other side of the Atlantic.

Are the family about to learn of Lily's fate, and how will they bring themselves together, healing divisions and unspoken accusations?

### ***The Tiger who Came to Tea by Judith Kerr***

Sometimes days play out in endless repetition. Nothing exciting ever happens. But what if one day the unexpected occurred?

Just like any day Sophie is having tea in the kitchen with her mother, when the doorbell rings. They wonder who it could be. The milkman with his milk float? The grocer on his bike? Or Sophie's daddy? What they are not expecting is a large tiger, who joins them at the table. Just what will happen when a tiger comes to tea?

This classic children's picture book is now more than 50 years old and yet it still continues to enchant children. A simple story and delightful illustrations make this a favourite among many young readers. A TV adaptation is due to air at the end of 2019 but do make sure you share the original with your children first. Judith Kerr, who wrote and illustrated over 30 other books, including the Mog series, died in May this year aged 95. It seems a perfect time to celebrate her life.

### ***A Lily in the Light by Kristen Fields***

A child going missing is every parent's worst nightmare. And many books have been written with this as the main plot device, as the parents try to cope with events that follow. However, this debut novel approaches it from a different angle.

Esme is 11 years old and for her, ballet is life. She is on the brink of every young ballerina's dream as she is told that she is ready to go 'en pointe'. But this joy is snatched from her one evening as the family gather to enjoy a meal. Suddenly, and inexplicably, Esme's four-year-old sister Lily disappears. The family starts to fall apart, but as readers we experience this through the eyes of Esme, not her parents.

In the second half of the novel the action switches to Paris eight years later where Esme is performing as a ballerina. We learn of the intervening years. How Esme felt that she lost so much more than a sister; she lost her parents too. She has used dance to take herself away from it

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## Puzzle Pages

## Fact of the Day

Did you know that “Wannabe” by Spice Girls was deemed as the UK’s catchiest song after a study found it only takes 2.29 seconds for listeners to recognize it.

## AWARENESS DAYS ... GROUP B STREP AWARENESS

Start: July 1st  
End: July 31st

Sadly during July, 43 babies will develop an early-onset GBS infection. Thanks to your support, awareness of group B Strep is at an all-time high in the UK, but there’s still more to be done.

July’s Group B Strep Awareness Month is a fantastic opportunity for everyone to get involved. This year, we particularly want to raise awareness of the new group B Strep information leaflet and make sure one gets to every single pregnant woman in the UK.

While we work to raise awareness of group B Strep all year round, during July we focus on raising awareness of preventing group B Strep infection in babies, as well as the work we do to support affected families.

Group B Strep Awareness Month (GBSAM) is a chance for everyone to come together, take on challenges, organise events, fundraise and raise awareness of group B Strep.

There are lots of ways you can get involved this July – go to [gbss.org.uk/get-involved](http://gbss.org.uk/get-involved) for more information

Get involved and help us to save more babies’ lives.

### The Virtual Challenge

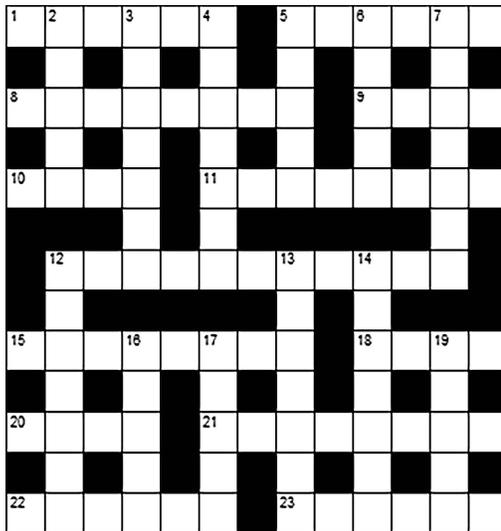


Group B Strep Support has launched the Steps against Strep fundraising event. To walk 62,000 steps in two weeks, that’s 1,000 steps for every baby who will develop a group B Strep infection this July. Get fit and raise funds at the same time!

Kick start July’s Group B Strep Awareness Month by taking Steps against Strep between Monday 1 and 15 July 2019. You can take on the challenge alone or, better still, get your family, friends and colleagues involved.

Every pound you raise, for every step you take, will help save babies’ lives.

## Crossword



### Across

- 1 Academic essay (6)
- 5 Violent quarrel (4-2)
- 8 Teaching (often privately) (8)
- 9 Deliberately disobey (4)
- 10 Fix (4)
- 11 Lovingly (8)
- 12 Candidates, participants (11)
- 15 Tubular pasta (8)
- 18 Tiny rodents (4)
- 20 Flightless bird (4)
- 21 Pads used for washing pans (8)
- 22 Alcove (6)
- 23 Sunny colour (6)

### Down

- 2 Abode, dwelling (5)
- 3 Highest Welsh mountain (7)
- 4 Bowling pin (7)
- 5 Commenced (5)
- 6 Grass-like plant (5)
- 7 Open or spread out (7)
- 12 Deadly poison (7)
- 13 Three-book story (7)
- 14 Figure, digit (7)
- 16 Not dead (5)
- 17 Desert waterhole (5)
- 19 Ship’s freight (5)



## Local Feature

## Goosnargh and Whittingham Whitsuntide Festival 2019

Matilda Cowgill-Smith was crowned as this year's festival queen at the Goosnargh and Whittingham Whitsuntide Festival (GWWF) last Saturday 1st June 2019.



The procession started off at 2pm from the Grapes Inn after dancing by the village maypolers and the Carol May Academy of Dance and performing Arts, these together with the floats, fancy dress competitors, entertainers, and musicians added up to make a wonderful exhibition of a village pulling together and making a memorable day for everyone concerned.



Matilda and her retinue, took centre stage in the procession which was led off on its way to the Square, Whittingham, by the Manchester Phoenix Pipe Band, the 1st Goosnargh Cubs and the Appleblossom Children. On the Square the crowning took place in the presence of the Mayor and Mayoress of the City of Preston. Both Matilda and retiring Queen Romiley Taylor paid tribute to GWWF hero Stephanie Butters who lost her brave fight against cancer in March this year, in their speeches they remembered her for her tireless work over the last 24 years

to make every festival day special for the countless children and adults of Goosnargh and Whittingham.



Tributes were also paid by David Butters, Chairman of the committee, to the dedicated band of volunteers, committee members and countless participants without whom the day wouldn't be possible.



Chairman David Butters said: "We are delighted how this year's festival ran, it was always going to be difficult with the loss of Stephanie but she would have been delighted with the outcome"; he went on to say 'we are so lucky that we have so many people from the village and beyond who willingly help to make the day what it is; from the volunteers who prepare The Square, clear up afterwards, to the people who manage the procession and road blocks, to the residents of The Square who welcome us, to the many workers who host the afternoon tea at the village hall, the bell ringers, the raffle ticket sellers - the list is endless but everyone is so appreciated'

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Whatever it is - The Doctor can repair it.  
*The Window Doctor - that is!*

TELEPHONE LEE:  
07921 078902

**Quality**  
WINDOWS &  
CONSERVATORIES

*A family firm that lives up to its name!*

## SN ROOFING CONTRACTORS

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**Slating | Tiling | EPDM Flat Roofing with 20year Guarantee | 30 years experience**

We offer a 24 hour call out and emergency repairs.

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Two Remote Controls



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LIMITED OFFER - ~~was £1354~~

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07537 149 128

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- Kitchen Makeovers
- Complete service including plumbing, electrics, plastering and tiling
- **FREE** design service including colour plans
- Fitting only service available
- Solid wood and laminate flooring
- All domestic joinery, doors & casings
- No job too small



tel: **01772 782725**

mob: **07791 624541**



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- Dementia Care
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- Overnight Stays
- Social Companionship
- Live-in Service



Whatever your needs are... our care team is here to help

t 01772 963 750 | e enquiries@redrose-care.co.uk

[www.redrose-care.co.uk](http://www.redrose-care.co.uk)



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12 Balfour Road Fulwood Preston PR2 3BX

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01772 798862



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Also landscaping & garden design, fencing & building.*

All major credit cards accepted



For more information call **Ian Bamber** directly or alternatively call the freephone number



**Freephone 0800 848 8016**

**Mobile 07971 472 663**

**www.pavingdesignnw.co.uk**

# Morecambe Bay Walk



**Saturday 10th August at 1.30pm** £10 per adult  
**Sunday 11th August at 3.00pm** £5 per child  
 £1 per dog

For more information and to book your place on this iconic walk

**Call: 01772 717 147**  
**Email: [info@heartbeat-nwcc.org.uk](mailto:info@heartbeat-nwcc.org.uk)**

Heartbeat, 56 Tom Ferry Way, Preston, PR1 5PA. Registered Charity number 1168560. A company limited by guarantee. Registered in England and Wales, company number 3038532. Telephone: 01772 717 147. Email: [info@heartbeat-nwcc.org.uk](mailto:info@heartbeat-nwcc.org.uk). [www.heartbeat-nwcc.org.uk](http://www.heartbeat-nwcc.org.uk)




**Women on the Run**  
 A running club for women run by women



Come along and join one of our fabulous groups. We are central to most areas of Preston and have fabulous running routes available all year round. Get fit - stay fit. We meet Tuesdays & Thursdays at Millennium Hall, Fulwood, PR2 6GN

Please contact one of our qualified leaders for further details or see our website [www.womenontherun.co.uk](http://www.womenontherun.co.uk)

Tuesday Group 7pm - 8pm  
 Leaders: Felicity Cross & Freda Peacock  
[fandfamily@gmail.com](mailto:fandfamily@gmail.com)

Thursday Group 7pm - 8pm  
 Leaders: Helen Borking & Lindsey McGehey  
[helen.borking@gmail.com](mailto:helen.borking@gmail.com)

 Find us on Facebook

 ENGLAND ATHLETICS AFFILIATED CLUB

## Preston Working Men's Angling Association (PWMAA)

If you are looking for a club in the Preston area, catering for all branches of angling, then this might be the one for you.

PWMAA is a small, friendly club offering a wide spectrum of angling, including the modern commercial trout fisheries of Stocks and Barnsfold reservoirs, to the well stocked coarse ponds of Heskin Hall.

Running water fishing is also available on the River Brock and Barton Brook.

We currently have vacancies, so if you are interested, please contact our Membership Secretary Jack Parker on 01772 866225, who will be only too pleased to give you more information.

## The Lancashire Infantry Museum needs you!



We are looking for Saturday guides to escort visitors round the museum and to help with enquiries.

If you want to be part of a great team and can volunteer one Saturday in four, see our website (address below) for more details.

**AN APPEAL TO YOU**  
[www.lancashireinfantrymuseum.org.uk/vacancies/](http://www.lancashireinfantrymuseum.org.uk/vacancies/)

## Community Noticeboard

Free for all charity, not for profit groups and community organisations.

To appear please Call Maria on 01772 865970 or email [community@jampublications.co.uk](mailto:community@jampublications.co.uk) by the 16th of the month prior to print.



### Knitting in the Museum.

Friendly, chatty group that meets up every monday at 1.00 p.m. in the Harris Museum Art Gallery and Library on Preston Market Square. Come and join us warm welcome assured.

### PHOENIX PATCHERS

Meet at Barton Village Hall (on the A6)

On the 1st and 3rd Wednesday of the month  
1.30 – 3.30 p.m.

Beginners welcome

Come along and see what we do or bring your own Patchwork.

For more information contact me on [ddiggins10@tiscali.co.uk](mailto:ddiggins10@tiscali.co.uk)

## SUMMER CONCERT



Conductor:  
**Richard Howarth**  
Soloist:  
**Martin Roscoe**

**SATURDAY 13th JULY 2019**  
**Westholme School, 7.30 pm**

**Chabrier** Marche Joyeuse  
**Gershwin** Rhapsody in Blue  
**Bernstein** Symphonic Dances from West Side Story  
**Bizet** L'Arlesienne Suite no. 2  
**Ravel** Bolero



Tickets £13 (free for aged 18 and under)  
at: [blackburnsymphony.org.uk](http://blackburnsymphony.org.uk)

or from:  
• Time & Tune, Blackburn  
• Blackburn Visitor Centre  
• On the door



**BLACKBURN SYMPHONY ORCHESTRA**  
in partnership with Ribble Valley  
International Piano Week



### NATIONAL RHEUMATOID ARTHRITIS SOCIETY

#### PRESTON & DISTRICT BRANCH

meet every second Thursday in the Month at the MINERVA HEALTH CENTRE, Lowthorpe Road, Preston  
10.00 am to 12 noon

ALL ARE WELCOME TO ATTEND

Talks by the EXPERTS,

together with mutual discussion in relations to own experiences. info on benefits that may be available to those with RA.. and their helpers We are not a social club but give an opportunity for those like ourselves to learn more about the subject -a condition NOT restricted to the OLD and INFIRM as so many mistakenly believe NO membership/joining Fees, NO pre-booking- JUST TURN-UP and join us - you can also enjoy a nice cuppa (Tea or Coffee) and a biscuit You will be welcomed with open arms Local contact M ; **07966 719934**



# Red Rose Road Runners

Make the most of Summer time  
Come and run with us

- Stuck in a rut? Doing the same old runs?  
New routes each week
- Feel you are not good enough to run with a club?  
Come and see. You will never know otherwise.
- For training details find us on Facebook
- Come along and give us a try for **free**



Contact: [membership@redroseroadrunners.org](mailto:membership@redroseroadrunners.org) 07947 133821

Visit [www.redroseroadrunners.org](http://www.redroseroadrunners.org)



Find us on Facebook

Affiliated to UK Athletics through England Athletics No 2659113



St Catherine's hospice care

# MOONLIGHT & MEMORIES WALK

2019

**SATURDAY JULY 6<sup>TH</sup> STARTS 10PM**  
FROM ST CATHERINE'S PARK, LOSTOCK HALL

**Everyone welcome!**  
Be part of the incredible atmosphere as relatives, friends and colleagues come together to honour their loved ones at this very special Night to Remember. Stride out under the stars in our 10 or 4-mile walk, raising vital funds to help the hospice care for local people with every step. Registration is £15 for adults and £10 for under 18s.

St Catherine's

To sign up visit [www.stcatherines.co.uk](http://www.stcatherines.co.uk) or call 01772 629171

## Myerscough Farmers Market & Craft Stalls

1st Saturday in every Month  
(not Jan)

Time opening -10am-2pm  
Venue, Next to Plantworld at  
Myerscough College,  
Bilsborrow, Preston PR3 0RY

Contact –Email-  
[sforrest@myerscough.ac.uk](mailto:sforrest@myerscough.ac.uk)  
or Nicky Baylis:  
[baylis16@btinternet.com](mailto:baylis16@btinternet.com)

Contact Number 07767 663345

## Community Noticeboard

**INDOOR ADULT SHORT TENNIS** for adults of any age whether you have played tennis before or not

Short Tennis ??? A game for adults of all ages played as doubles on badminton courts with softer balls and shorter rackets, easy to learn and great fun

Very friendly coach run group.

First session free !!

EVERY THURSDAY AT WESTVIEW LEISURE CENTRE 10-12am £4 per session Rackets and balls provided just bring yourself, trainers and water !

Details Contact Angela 07966 315241

### SpringFieldFellWalking Club

Walk days Saturday every two weeks.  
3 grades of walk.

07/07/2019 GLENRIDDING  
'A' - 10 MLS; 3500' TL. ASC.  
'B' - 9 MLS ;2400' TL. ASC.  
'C' - 6.5 MLS ;1900' TL. ASC.

20/07/2019 MALHAM  
'A' - 12.5 MLS ; 2300' TL. ASC.  
'B' - 9.5 MLS ; 1600' TL. ASC.  
'C' - 8.5 MLS ; 1500' TL. ASC.

Bus pickup Blackpool to Black Bull  
Preston. Garstang Rd  
[www.springfieldsfellwalking.com](http://www.springfieldsfellwalking.com)  
contact Tel: 01772 728718

 **Fabulous Fashion Show** 

Friday 12<sup>th</sup> July  
Doors open: 6:30pm  
Show starts: 7:30pm  
Bamber Bridge & County Catholic Club  
Preston PR5 6TA  
Tickets- £7 each (drink on arrival & nibbles)

For tickets contact Tony  
01254 854323  
tbonser@aol.com

Clothing from  
'The Pashmina Ladies'

**MACMILLAN.  
CANCER SUPPORT**



**30**  
CancerHelp

### Craft and Plant Sale & Coffee Morning

Saturday 20th July,  
10.30am -12.00pm, Vine House,  
Cromwell Rd



Contact Laura for more details on  
l.stephenson@cancerhelppreston.co.  
uk or 01772 793344



CancerHelp

**30**  
YEARS ANNIVERSARY CELEBRATIONS  
CancerHelp

Saturday 6th July 2019

## Walk the Canal with CancerHelp

Join us as we celebrate our 30th year.

**Time: 10 am Distance: 5 miles**  
Walk from The Flower Bowl,  
Barton Grange to Croston House.

A great walk for families, walking groups and just for fun. Raise funds for us by asking for a sponsorship form and support the wonderful work that we do.

Cost: £10 (children under 10 go free) Sponsorship: Raise £30 To celebrate our 30th Celebrations

For more information contact Laura Stephenson on 01772 793344 or email [lstephenson@canterhelppreston.co.uk](mailto:lstephenson@canterhelppreston.co.uk) [canterhelppreston.co.uk](http://canterhelppreston.co.uk)



## INGOL WI

The WI organises theatre trips, group garden visits and local walks, days out, craft groups and plenty more in the community.

They meet on the 2nd Wednesday of the month  
St Margarets Church Hall,  
Tag Lane, Ingol  
7pm.

For more information  
Tel: 01772 459020 or  
email [admin@lfwi.org.uk](mailto:admin@lfwi.org.uk)

All Welcome

## Deepdale Bowling Club

"If you are looking for fun, fresh air and friendly competition — all without breaking the bank on equipment or membership fees - Crown Green Bowls is the ideal sport. It's easy to play, but a real challenge to master."

Through bowling you will get gentle exercise, learn a new skill, and make good friends. It keeps the body and mind active and it's great fun at the same time.

There's an active social scene, too!

"Please feel free to contact us for an informal chat about getting into bowling, or to arrange your free taster session.

Tel: George Russell on 07740 812377 or email [George.Russell@btinternet.com](mailto:George.Russell@btinternet.com)

**Everyone is welcome.**



All In is for parents/carers of primary aged children (4-11years) with additional needs to meet. Chat and support each other; while your child has space to play.

- Enjoy tea, coffee and cake
- A space for your children to play
- Meet other parents/carers
- Share tips and experiences between others

There will be a café area in which parents/carers are able to relax and chat whilst your children is able to access a range of play activities, including a sensory area. Please note that parents/carers will remain responsible for your children, however, there will be some team members who are happy to help.

By 'additional needs' we mean any extra condition that your child is living with which they need extra care for. This could be medical, developmental, physical, emotional or learning needs. There is no need to have a diagnosis.

When: Saturday 10am-12noon - We are a drop in session so come for how long works for you and your children. There is no need to book, please just turn up.

Dates: 3rd August / 20th September / 30th November

Where: Fulwood Free Methodist Church, Lightfoot Lane, Preston, PR2 3LT  
Cost: £1 per child

Email: [inclusion@fulwoodfmc.net](mailto:inclusion@fulwoodfmc.net) Facebook: [facebook.com/allindropin](https://www.facebook.com/allindropin)  
Website: [www.fulwoodfmc.net](http://www.fulwoodfmc.net) Telephone: 01772 861597

Please contact us if you have any questions.

## Community Noticeboard

### 1st Cottam Scout Group

All sections meet at Cottam Community Centre, Haydocks Lane as follows:

**Beavers** (age 6-8)

Wednesday or Thursday 6pm-7pm,

**Cubs** (age 8-10.5)

Thursday 7pm-8.15pm,

**Scouts** (age 10.5-14)

Wednesday 7pm-9pm,

All sections are open to girls and boys

Adult help and new leaders always welcome

Contact May (01772) 769836

### Thursday Morning Bridge Lessons for Beginners



#### Broughton and District Club Bridge Section

are pleased to be hosting "Beginner" lessons in the Clubhouse on Thursday Mornings at 09.30am starting October 25<sup>th</sup> 2018

*Playing bridge is good for you both mentally and socially*

#### COME AND LEARN THE BASICS IN A FRIENDLY LOCAL ENVIRONMENT

No prior knowledge needed. Please register your interest by e-mailing your details to [webmaster@broughtonbridgeclub.co.uk](mailto:webmaster@broughtonbridgeclub.co.uk) the cost is £3.00 per session including tea or coffee

Or, for further details please contact:

Clive Turner: 07506551429 or [clive.turner@keygroup.co.uk](mailto:clive.turner@keygroup.co.uk)

Social bridge players: If you would like to try duplicate bridge at a friendly local club, you'll find a warm welcome at Broughton Club. See our web site for details:- [www.broughtonbridgeclub.co.uk](http://www.broughtonbridgeclub.co.uk)

## GET FIT - HAVE FUN!



### ROLLER DISCO

Saturdays: 2:00 – 3:00pm

Session costs: £3.00 each

Please bring your own skates - non available to hire. Sessions each Saturday from 1st June to 13th July.

PRESTON  
PHOENIX  
ROLLER SPORTS CLUB



### ROLLER HOCKEY

Fancy trying out for the

**Preston Phoenix Roller Hockey Team?**

Why not come down to Preston College Sport Centre on Saturdays at 12pm - 2pm and give it a try!



For more information check out our Facebook page at "Preston Phoenix Roller Sports Club" or telephone: Caroline on 01772 724853 or Kevin on 01772 727877

Preston College Sport Centre, St Vincents Road, Preston PR2 8UR

**FULWOOD AND  
BROUGHTON  
CRICKET CLUB**



**PRESTON'S  
PREMIER  
CRICKET CLUB**





**Fantastic for families, functions and... CRICKET!**

# NEW TEAMS

MIXED TEAM: BOYS AGED 5 - 8 + GIRLS AGED 5 - 9

**COTTAM COMMUNITY CENTRE,  
HAYDOCKS LANE, COTTAM, PR4 0NY**

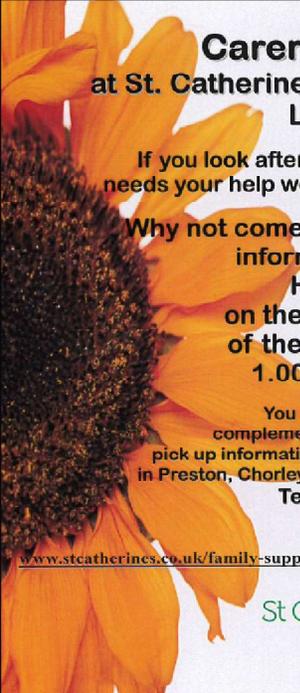
The Centre was opened in 2000 to promote the benefit of the residents of Cottam and neighbourhood. Regular activities such as keep fit, dancing (both for adults & children), Yoga, Baby Sensory classes, scouts, cubs, beavers etc. take place at the centre. Community projects include a popular weekly "Tots and Toddlers Club" Wednesday mornings 10.00-11.30am during school term. The Centre, can be hired for children's parties, christening celebrations etc. at very reasonable rates.

A fully fitted kitchen with crockery and cutlery is included in any hire arrangement.

We also have a conference room measuring 5.8 x 3.7m that is ideal for Company meetings, training sessions etc. To discuss the hire of either or, both of our function rooms please contact

Annette Collins on 01772 760204 or email: [annettecollins1@hotmail.co.uk](mailto:annettecollins1@hotmail.co.uk)

Cottam Community Association is a registered Charity Reg. No. 1075646



**Carers Drop In  
at St. Catherine's Hospice,  
Lostock Hall**

If you look after someone who needs your help we can help you!

**Why not come along for an informal chat with Hospice staff on the 1st Tuesday of the month from: 1.00pm - 3.00pm**

You can have a cuppa, complementary therapy and pick up information about services in Preston, Chorley and South Ribble  
Tel: 01772 629171

[www.stcatherines.co.uk/family-support/carer-support](http://www.stcatherines.co.uk/family-support/carer-support)



## Community Noticeboard

### CHANGE of LOCATION and DAY for the 3 in 1 Gentle Exercise Class

The New class will be in the Hall of  
Broughton & District Club  
Whittingham Lane  
Broughton PR3 5DA  
**Now on a THURSDAY 9.30-10.30am**  
For more information  
Please contact Hilary Hine RSA  
Tel 01995 601040  
Hinefamily.hh@gmail.com

### Anyone for Tennis?

We are a sociable and friendly club with plenty of events for both social and competitive players of all abilities.

TENNIS FOR ALL AGES AND LEVELS/ABILITIES

★★★★

ALL YEAR ROUND TENNIS, ALL WEATHER, FLOOD-LIT CARPET COURTS  
(FREE FLOODLIGHTS)

★★★★

COMPETITIVE TEAM TENNIS • SOCIAL TENNIS • JUNIOR TENNIS

★★★★

FLEXIBLE MEMBERSHIP PACKAGES, DISCOUNTS FOR NEW MEMBERS (£100  
NEW ADULTS; £10 NEW JUNIORS)

★★★★

COACHING - ADULT AND JUNIOR INDIVIDUAL/GROUP COACHING

★★★★

CLUBHOUSE WITH BAR, KITCHEN  
AND CHANGING ROOMS

★★★★

NEW PAY AND PLAY OPTIONS ONLY £2.50



#### Fulwood Tennis

Highgate Ave, Fulwood, Preston PR2 8D  
Enquiries: 07708 182 036  
fulwoodtennis.com  
fulwoodtennis@hotmail.com

FUNCTION  
ROOM FOR  
HIRE

40% saving  
for New  
Member  
From £100.



Find us on facebook



### The Sir Tom Finney Memorial Trophy 2019 Charity Golf Tournament

**FRIDAY SEPTEMBER 27<sup>TH</sup> PRESTON GOLF CLUB**

## 4 PERSON TEAM EVENT

& Evening of Musical Entertainment with  
**KIMBERLEY FOX**

Kimberley has been entertaining audiences across the country since 1998 when she first took to the stage as a backing singer for Ray Lewis of The Drifters. Since then, she has fronted cabaret duos, and original music bands, and ultimately went solo in 2010.

£300 PER TEAM

INCLUDES COFFEE/ BACON ROLLS ON ARRIVAL, EVENING MEAL, ENTERTAINMENT AND SUBSTANTIAL PRIZE TABLE. CHARITY AUCTIONS & RAFFLE  
ALL WINNERS MUST HAVE CURRENT CDH HANDICAP CERTIFICATES

Additional evening only tickets available £35.00 (Competitors guests only until July 30<sup>th</sup>)



Evening Dress 0000 smart/casual



**SHOTGUN START AT 1.00 pm**  
**DINNER 7.00pm FOR 7.30pm**



Sir Tom Finney's family have nominated the space centre to receive charitable donations from this event

To book your place call  
**Preston Golf Club 01772 700011**

### Woodplumpton & District Community Club

**The Club Offers:-**  
Crown Green Bowling, Social Bowling,  
Tennis, Snooker  
**Social Activities:-** We also have a range of  
activities on a regular basis,  
Art Classes Monday Afternoons  
(during winter)  
Woodplumpton WI last Tuesday of the month  
Red Rose Olympic cycling hold meetings on  
a Wednesday evening  
Food Bingo once a month on a Friday  
Whist & Dominoes on a Saturday evening  
Social Evenings 2 or 3 times a year.  
The Hall is also available for hire  
So why not come and have a look round.  
Further Information:  
**www.woodplumptonclub.co.uk**  
**Peter Watson 01772 865756,**  
**John Eccles 01772 735619**

## PRESTON GARDENING CLUB PROGRAMME 2019

**16th July**  
Show Gardens and Design

St Andrew's Church Hall  
240 Tulketh Road,  
Ashton-on-Ribble,  
Preston PR2 1ES

start 7.30pm

refreshments and raffle

new members always welcome

### 1st Cottam Guides

Fun activities for girls aged between  
10 & 14 years of age.  
We meet on Tuesday evenings term time  
from 7.15pm to 9pm.

For further information contact  
Liz Roberts 07970 155821 or email:  
FirstCottamGuides@yahoo.co.uk

### Whittingham Bowling Club

(In old Hospital Grounds)

Ever fancied bowling?

Come & Join Us

Social Bowling? Yes!

League Bowling? Yes!

Ring Vic Johnson after 10.30am  
for further details 01772 703050

### Scottish Country Dancing

Monday evenings 7.30 to 9.30 £2.50

Christ Church Hall, Victoria Road, Fulwood, PR2 8NE.

Keep fit mentally and physically. Make new friends.

No partner needed. Bring soft flat shoes.

It is an all abilities class so new people welcome.

For more details ring Joan & John 01257 278400

[JoanRSCDS@uwclub.net](mailto:JoanRSCDS@uwclub.net) Suitable for adults and accompanied 11 to 18 yrs



## The Directory

is published by Jam Design & Publications Ltd

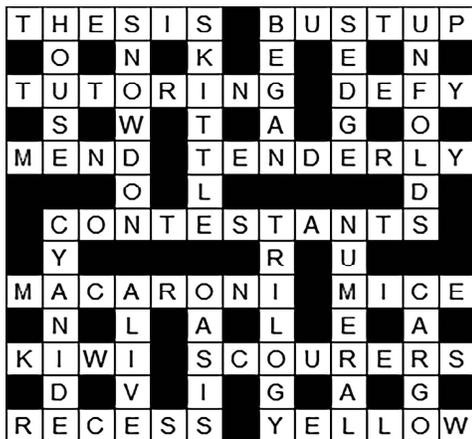
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Email your information to [community@jampublications.co.uk](mailto:community@jampublications.co.uk)

## Puzzle Solutions



5	6	8	1	4	9	3	2	7
9	2	7	3	6	5	4	8	1
4	3	1	2	7	8	6	5	9
2	7	6	4	3	1	5	9	8
3	4	9	5	8	2	1	7	6
1	8	5	6	9	7	2	4	3
7	1	4	8	5	6	9	3	2
6	9	3	7	2	4	8	1	5
8	5	2	9	1	3	7	6	4

### Mindbenders

Pat on the back  
A drop in the ocean  
40 winks

### Lateral Thinking

They didn't drift off course together, but instead landed two hours walk away from each other.



### Fuzzy Photo

Big Ben

## Useful Numbers

### Police (Non Emergency) 101

Lea & Cottam 01772 209441  
Broughton 01772 863390  
Crime Stoppers 0800 555 111

### Fire (Non Emergency)

Free Fire Safety Checks 0800 169 1125  
Fulwood Fire Station 01772 862545

### Health Services

**NHS (Non Emergency) 111**  
NHS Direct 0845 4647/111  
Samaritans 116 123  
Royal Preston Hospital 01772 716565

### Community Centres

Cottam Bookings 01772 760204  
Barton Village Hall 01772 864946  
Woodplumpton Hall 01772 724126

### Bus Enquiries

Preston Bus 01772 821199  
Stagecoach 01772 255777

### Rail Enquiries

National Rail 0845 748 4950

### Councils

Preston CC 01772 906900

### Animal Care

RSPCA Advice 0300 1234555  
RSPCA Emergency 0300 1234999

### Leisure Centres

Westview 01772 796788  
Fulwood 01772 716085  
Preston Sports Arena 01772 761000

### Libraries

Ingol 0300 123 6703  
Savick 0300 123 6703  
Fulwood 0300 123 6703  
Harris Central 0300 123 6703

### Utility Providers

Electricity (Utd Utilities) 0800 195 4141  
Transco Gas Emergency 0800 111 999  
Water (Utd Utilities) 0845 746 2200

Chorley  
Council

# CHORLEY FLOWER SHOW

27-28 July 2019

Astley Park, Chorley

10am - 5pm



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